

Light and Fluffy Jell-O Salad

2- 3 ounce boxes of lemon or lime Jell-O (regular or sugar free)

1 cup drained crushed pineapple

2/3 cup cool whip (regular, light or fat free)

➤ Add 2 cups of boiling water to dissolve Jell-O. Add 2 cups of ice cubes to Jell-O. Stir until ice cubes melt. Put mixture in refrigerator until lightly jelled. Then add 2/3 cup of defrosted cool whip and beat with a mixer until fluffy. Add the drained pineapple. Refrigerate until solid. Serve and enjoy.

You can add chopped nuts, marshmallows and other fruit. Mix them into the Jell-O mixture or add them on top.

This recipe works with various combinations of Jell-O and canned fruit.

Orange Jell-O and Mandarin oranges

Cherry Jell-O and canned black cherries

Be creative and enjoy!

Noreen Linnemann