Pre-Assessment

1. What statement is true regarding pandemic influenza?
   a. Antibiotics are the best way to treat pandemic influenza
   b. Vaccines are not effective in preventing pandemic influenza
   c. Most people will have little or no immunity against the new disease
   d. Handwashing is not effective in preventing pandemic influenza

2. What statement is true regarding medical care during a serious influenza pandemic?
   a. Hospitals will have more than enough resources to treat everyone who needs help
   b. Medical care will be provided to sick people who are most likely to survive
   c. No medications will be available to treat sick people in a pandemic
   d. Anyone who has “flu-like” symptoms should go to the nearest hospital

3. Individual actions to prepare for an influenza pandemic include all of the following EXCEPT:
   a. Having a plan
   b. Getting vaccinated for seasonal influenza
   c. Communicating with family, neighbors, and friends
   d. Expecting the government to handle the situation entirely

4. The primary goal of “social distancing” is to?
   a. Enforce property lines in communities
   b. Limit exposure to an infectious disease
   c. Allow public health authorities to move supplies
   d. Allow for economic development

5. All of the following actions can help you control the spread of the influenza virus EXCEPT:
   a. Avoiding close contact with sick persons
   b. Coughing openly on a crowded train
   c. Staying home from work or school if sick
   d. Washing your hands frequently

6. Do you currently belong to a local disaster volunteer group (e.g., American Red Cross, Community Emergency Response Team)?
   a. Yes
   b. No
Pre-Assessment Answer Key

1. c
2. b
3. d
4. b
5. b
6. Either yes or no
Objective: Explain the difference between seasonal and pandemic influenza

1. What statement is true regarding influenza?
   a. The disease is caused by a virus
   b. The disease is caused by bacteria
   c. It is a respiratory disease that cannot be spread to others
   d. People rarely die from influenza

2. What statement is true regarding seasonal influenza?
   a. Antibiotics are the best way to treat seasonal influenza
   b. A vaccine is available each year to prevent seasonal influenza
   c. In the United States, the flu season typically runs from March to July
   d. Handwashing is not effective in preventing seasonal influenza

3. What statement is true regarding pandemic influenza?
   a. Antibiotics are the best way to treat pandemic influenza
   b. Vaccines are not effective in preventing pandemic influenza
   c. Most people will have little to no immunity against the new disease
   d. Handwashing is not effective in preventing pandemic influenza

4. What statement is true regarding a serious influenza pandemic?
   a. Hospitals will be overwhelmed with influenza patients, as well as those who think they were exposed
   b. Hospitals will have more than enough medications and respiratory care equipment to treat all sick patients
   c. Hospitals will only treat influenza patients, all other surgical and medical procedures will be canceled
   d. Hospital admission will be encouraged because it is not possible to spread the flu in hospitals

Objective: Describe actions communities can take to prepare for an influenza pandemic

5. In Toronto, Canada, what community strategy was credited most with limiting the spread of the SARS virus?
   a. Developing a vaccine
   b. Distributing antibiotics
   c. Distributing food and water
   d. Establishing a public health hotline

6. In the 1918 influenza pandemic, St. Louis had a better response compared to Philadelphia. Which of the following is most often cited as the reason for this difference?
   a. Canceling or limiting large public gatherings
   b. Having a better newspaper and wider circulation
   c. Having more hospitals and more health professionals
   d. Holding large public meetings to provide information
7. What statement is true when social distancing measures are implemented?
   a. Concerts and sporting events are not affected
   b. Handwashing is no longer necessary
   c. May involve the closing of schools, malls, and businesses
   d. Requires a presidential directive

8. What statement is true regarding a pandemic hotline?
   a. It will be set up to provide help to people concerned about the disease
   b. It will only be in operation during normal business hours
   c. It is only needed for elderly patients
   d. All sick people will be told to go to the nearest hospital

9. What statement is true regarding medical care during a serious influenza pandemic?
   a. Hospitals will have more than enough resources to treat everyone who needs help
   b. Medical care will be provided to sick people who are most likely to survive
   c. No medications will be available to treat sick people in a pandemic
   d. Anyone who has “flu-like” symptoms should go to the nearest hospital

Objective: Describe actions you can take to prepare for an influenza pandemic

10. Individual actions to prepare for an influenza pandemic include all of the following EXCEPT:
    a. Having a plan
    b. Getting vaccinated for seasonal influenza
    c. Communicating with family, neighbors, and friends
    d. Expecting the government to handle the situation entirely

11. A personal pandemic plan would be expected to include all of the following EXCEPT:
    a. List of phone numbers of family members, relatives, and friends
    b. List of any medical conditions
    c. Access to health records and insurance documents
    d. The need to stockpile supplies of fresh fruit and meat

Objective: Describe public health directives that may be issued in a pandemic

12. Which of the following measures is LEAST likely to control the spread of the pandemic?
    a. Closing schools and businesses
    b. Sending all infected people immediately to the hospital
    c. Setting up immunization sites in the community
    d. Setting up public health hotlines
13. The primary goal of “social distancing” is to?
   a. Enforce property lines in communities
   b. Limit exposure to an infectious disease
   c. Allow public health authorities to move supplies
   d. Allow for economic development

14. What statement is true regarding alternate care facilities?
   a. Will only be set up in cities that have large indoor facilities
   b. Will provide influenza testing and treatment in the community
   c. Will only be located in community hospitals and health clinics
   d. Will only provide care for the elderly in the community

Objective: Describe actions you can take to limit the spread of an influenza pandemic

15. All of the following actions can help you control the spread of influenza EXCEPT:
   a. Avoiding close contact with sick persons
   b. Coughing openly on a crowded train
   c. Staying home from work or school if sick
   d. Washing your hands frequently
Post-Assessment Answer Key

1. a
2. b
3. c
4. a
5. d
6. a
7. c
8. a
9. b
10. d
11. d
12. b
13. b
14. b
15. b