



NDHSAA

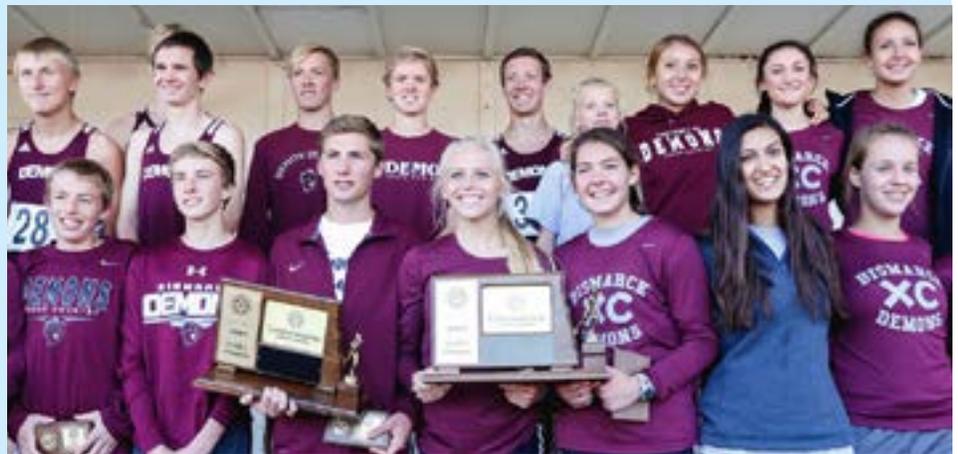
BULLETIN

North Dakota High School Activities Association
350 2nd St. NW • PO Box 817 • Valley City • ND
Phone (701)845-3953 • Fax (701)845-4935

OCTOBER 2016

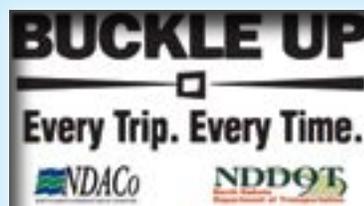
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Pictured Above:
Members of Bismarck High School's boys and girls cross country teams display their 2015 NDHSAA Class A state championship trophies

NDHSAA Premier Partner:

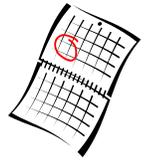


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Annual October Membership Meeting

The Annual Meeting of the NDHSAA membership will be Thursday, October 20, 4:30 p.m. at the Bismarck Ramkota. Agenda items will include but not be limited to the approval of the October 2015 and January 2016 minutes and Nominating Committee Reports. The terms for two Board positions will expire in 2016, Brad Rinas, who represents Class B Southwest, and Dr. Todd Bertsch, who represents NDASSP. Nominating committees representing Class B Southwest and NDASSP Administrators will be called upon to nominate two individuals for the next four year terms. Letters to the various administrative groups requesting involvement in the nomination selection will be forthcoming.



The NDHSAA Board of Directors proposes the following amendment:

Proposed Amendment will read:

Part II, Article IX: Awards

SECTION I: A student activities participant may not accept monetary compensation in recognition of activities ability, participation and/or achievement.

SECTION II: A student may accept non-monetary compensation or items of value solely in recognition of activities ability, participation and/or achievement if the total monetary compensation or items of value, including the actual value of any gift certificates (so long as they are not convertible to cash), discounts, coupons, etc., does not exceed the amount set by the NDHSAA Board of Directors during the Association year (July 1-June 30).

SECTION III: Non-monetary compensation or items of value does not include customary awards of symbolic nature without resale value such as the school's athletic letter, medals, ribbons, certificates, plaques, trophies and other emblems, provided the cost of the award does not exceed the amount set by the NDHSAA Board of Directors.

NOTE: This rule does not regulate or prohibit compensation received by a student for ability, participation and/or achievement in a non-NDHSAA sponsored sport or activity, nor does this rule prohibit the acceptance of college scholarships by students.

SECTION IV: A coach or director is responsible for reporting to the school's athletic/activities director all compensation or items of value received by the students on that coach/director's team within one month of the receipt of the compensation or items of value. School administration is responsible for verifying that the total sum of compensation or items of value received by each student participant at that school does not exceed the retail value amount set in SECTION II.

SECTION V: The NDHSAA Board of Directors shall have authority to designate, give and control medals and trophies to be awarded to schools or individuals on championship teams in any sport or activity, provided that these awards are kept within the bounds of Section III.

SECTION VI: Penalties for violations of the above rules may be suspension of the school and ineligibility of the individual who accepts the award.

Other potential amendments to the Constitution and/or By-Laws must be presented thirty days prior to voting.

Part I, Article X of the Constitution and By-Laws explains the amendment process and may be found in Part One-Constitution of the North Dakota High School Activities Association, page 6 at: http://www.ndhsaa.com/files/Constitution_and_ByLaws.pdf. Please contact the Executive Director concerning timeline for submission. If agenda items are amended, motion passage or failure will be determined by present representative votes.

School Music Trips

Out of state music trips of 600 miles or more must have NDHSAA approval. Out of state trips shall not exceed the loss of more than two school days. Groups shall also be limited to a maximum of two out of state trips in any one school year. Administrators must contact NDHSAA once planning begins for these trips, whether or not they involve competition. Requests for these trips should include information about dates, destination and administrative approval of the trip.

Charitable Contest Guidelines

Schools may host a contest in recognition of a charitable cause under the following conditions:

- The contest or competition may be held during any one week, to be determined by each individual school, of the designated sport season.
- The NDHSAA is supportive of charitable initiatives and has developed guidelines in regards to an athletic competition being held in the name of a charitable cause. Each school participating must be in agreement to allow any of the modifications to the rules.
- Team members may be allowed to wear headbands or wristbands of a solid non-regulation color.
- Officials may be allowed to use a colored whistle.
- Colored game balls will not be allowed, however they may be used during any warm-up period prior to the contest.
- A commemorative ribbon may be worn, properly placed on the jersey or school-issued uniform. Uniforms must conform to National Federation rules, including colors. NDHSAA requests that member schools provide NDHSAA a courtesy contact with the date of contest and charitable cause.

National Anthem Flag Decorum

The following announcement should be read before the playing/singing of the national anthem at various events: “Ladies and gentlemen, we are about to salute the flag of our nation. Please rise, remove your cap or hat, place your right hand over your heart, and stand at attention while the national anthem is being performed.”



NDHSAA Accounts and Roles

REMINDER TO SCHOOL ADMINISTRATORS: New coaches should create NDHSAA accounts and request appropriate roles at your school as your coaching staff changes. Testing and online rules clinics are tied to NDHSAA accounts therefore all users must have appropriate roles at your school. If you need a role removed from your school or have any comments, questions or concerns regarding our website, please contact Brenda Schell. brenda.schell@ndhsaa.org



NDHSAA Website Login Information

The NDHSAA website includes a public portion for public viewing and a password protected portion for school and NDHSAA administration of sports and activities. All coaches and advisors must create NDHSAA accounts in order to input their rosters, pictures, cutlines, schedules, tournament entrants and results.

To create an NDHSAA account, go to our website <http://www.ndhsaa.com> and locate the Sign In section on the top right side of the page. Click on the “Create an Account” link. You must enter your account information then request a role at your school. To request a role, select your role (coach (sports), activity advisor/coach (fine arts), staff, etc.) and click the blue “Request Role” button. Then select the school you are affiliated with from the drop down menu, choose your sport or activity from the drop down menu and Click the “Request Role” button. Repeat the role selection process until you have requested all of your roles in your school. After submission, the main user at your school will approve your role(s) and you will be able to enter information concerning your sport or activity.

Any comments, questions or concerns regarding our website, please contact Brenda Schell at the NDHSAA office.

EMAIL: brenda.schell@ndhsaa.org

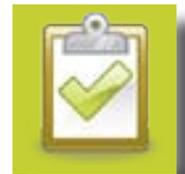
Class B Boys Basketball Hotel Information



Information on reserving hotel rooms for the State Class B Boys Basketball Tournament, March 16-18, 2017 in Minot can be found at <http://visitminot.org/> or by calling the Minot Convention & Visitor’s Bureau at 701-857-8206. Please reserve your rooms early.

Changing Email Addresses in NDHSAA Account

As schools transition to new email addresses, users are reminded they must edit email addresses in the NDHSAA system. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.



To edit your NDHSAA email address/login:

- 1) Log in to your NDHSAA account
- 2) Click on “My Profile” on the bottom left portion of the page
- 3) Click the Edit Button on the Profile page
- 4) Click the “Account” tab on the grey menu bar that goes across the page
- 5) Enter your new email address
- 6) Confirm your new email address
- 7) Click the blue SAVE button

This is also where you would change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

ACT-SAT National Test Dates

Administrators, activities directors and coaches should remind their students of the following 2016-17 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

ACT National Test Dates

October 22, 2016
December 10, 2016
February 11, 2017
April 8, 2017
June 10, 2017

SAT National Test Dates

October 1, 2016
November 5, 2016
December 3, 2016
January 21, 2017
March 11, 2017
May 6, 2017
June 3, 2017



Coaches and Officials Mandatory Online Testing

Officials and head coaches of winter and spring sports basketball, gymnastics, hockey, wrestling, baseball and softball must take an open book test in the sport(s) in which he/she is a head coach/official. The test will be available online only and must be completed and submitted within the applicable window. The test will be available by following the Online Testing link on the main page of the NDHSAA website. (www.ndhsaa.com)



The NDHSAA office will assess a penalty of \$25 for non-completion of any mandatory online exam by a head coach. Officials non completion of a mandatory online exam will result in a lower classification the following year. If an official is certified, they will drop to probationary for one year in that sport. If an official is probationary they will drop to ineligible for one year in that sport. **The test windows are as follows:**

Winter sports testing window:
Wrestling, Basketball, Gymnastics & Hockey
November 29 - December 6, 2016

Spring sports testing window:
Baseball & Softball
April 4 - April 11, 2017

Tournament Information Links



Upcoming regional and state tournament information will be posted on the sport/activity specific pages on the NDHSAA NOW website <www.ndhsaanow.com> site under Tournament Information. Links to tournament information pages and sites will also be accessible from the main NDHSAA website during all tournament seasons.

www.ndhsaanow.com

Award Of Excellence Nominations

NDHSAA is honoring the recipients of the National Federation Award of Excellence for displays of great sportsmanship.

Those teams, individuals, coaches, fans, and administrators that have shown exemplary sportsmanship in the midst of competition may be nominated by emailing Matt Fetsch or Brian Bubach. A nominator may be a game official, parent fan, coach, or school administrator. Those receiving the award this past month are:

Bismarck Shiloh Christian School and the Skyhawk Football team for displaying good sportsmanship during a football game against Kidder County on August 26.



NDOA Board Meeting

NDOA Board of Directors Fall 2016 meeting called to order by President Mickey Jordan. Others board members present – Jason Dockter, Kevin Sundre, Mark Ukestad, Paul Mellum, Dean Klier, Jeremy Mehlhoff.



Approval of agenda – Motion to approve by Ukestad, second by Dockter. Motion carries.

Approval of winter 2016 minutes – Motion to approve by Dockter, second by Sundre. Motion carries.

Selection nomination committee

- Committee nominates Reggie Jackson to carry out the rest of Darren Sheldon's (moved out of state) NDOA Board term. Motion to approve by Dockter, second by Mellum. Motion carries.
- Discussion on new NDOA Board position created this year. We now have two members from each quadrant of the state.

Review Action Items from 2015-16

- Reciprocity rates were raised from a flat \$10 fee to \$10 per sport.

State Active Official Awards – Baseball – Kirk Olson, Boys BB – Chad Bjornson, Girls BB – Terry Bohan, Football – Tim Steinwand, Gymnastics – Laurie Strommen, Hockey – Doug Durgin, Soccer – John Plambeck, Swimming – Jennifer Callahan, Volleyball – Karla Michaelson, Wrestling – Tim Curran, Softball – Trev Zerr.

The Board reviewed seven NDOA Hall Of Fame Nominations: After discussion, the Board moved to induct the following into the NDOA HOF: Jeff Risk (basketball and football) of Minot, Russ Schmeichel (basketball and football) of Jamestown, and Randy Wolden (basketball and football) of Fargo.

Review Officials' Game Fees for 2017-18 and 2018-19

- Motion to approve a 5% increase in game fees across the board for the next two years. Motion to approve by Klier, second by Ukestad. Motion carries.
- Motion to change the football fee designations to match other sports (varsity, sub-varsity, 7th and 8th). Motion by Mehlhoff, second by Klier. Motion carries.

Discussion on the Distinguished Service Award: Nomination form will be put on the officials page of the NDHSAA website and Justin will send out a reminder in January. NDOA Board will review nominations at the March meeting.

Discussion Points

- The board discussed the recruitment and retention of officials. Many are recruiting officials from other sports to fill sports that have a lack of officials. Overall officials numbers were up across the state, but down in some areas where there is a shortage.

Secretary's Report

- Mercy rule will be used in Class B Basketball this winter. If at any point in the 4th quarter, the spread becomes 30 or more points, there will be a running clock with stoppages for only timeouts and injury. Clock will not return to normal if score goes below 30, it will continue to run.
- Reminder to basketball officials that they should be wearing the "college style" warm-up jackets.
- Football officials may wear either 2" or 2 1/4" inch stripes as long as the whole crew matches.
- NDHSAA offers officials the links below for websites where officials clothing and gear may be purchase. <http://www.ndhsaa.com/officials-clothing-gear>

Date and Time for next meeting, Wednesday March 22, 2017 at 7 pm – conference call.

Motion to adjourn by Ukestad, second by Mehlhoff. Motion carries.

Respectfully submitted,
Justin Fletschock

2016 Regional/State Volleyball Information

Regional Tournaments will be held at the following sites:

- **East Region** – November 8 at site of higher seeded team, rounds 2 and 3 at Wahpeton HS November 11 and 12, Mike McCall, Mgr.
- **West Region** – Minot HS, November 10, 11, 12, Mitch Lunde, Mgr.

First, second, third and fourth place winners advance to the state tournament. Third and fourth places will be determined using a cross-bracketing of semi-final losers to the consolation brackets semi-final round. All regional matches are to be played to conclusion. Failure to complete a match will cause a team to be ineligible for further competition. The West and East regions will set their own time and format for their regional tournaments.

Warm-up shall consist of 9 minutes teams share the court, no balls hit over the net. The remainder of the warm-up time will be: 4 minutes full court for the visitor team, 4 minutes full court for the home team, 4 minutes full court for the visitor team, and 4 minutes full court for the home team. During a team's time on the court, they may choose the option of serving practice.

B REGIONAL PAIRINGS

November 7, 8, 10

First round matches on November 7 will be in one session beginning at 3:00 p.m. Each subsequent match will begin 25 minutes after completion of the previous match. Warm-up shall consist of 9 minutes teams share the court, no balls hit over the net. The remainder of the warm-up time will be: 4 minutes full court for the visitor team, 4 minutes full court for the home team, 4 minutes full court for the visitor team, and 4 minutes full court for the home team. During a team's time on the court, they may choose the option of serving practice. **Pairings are as follows:**

Region 1 – Lisbon, Pat Adair, Manager

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- Winner of #4 seed and #13 seed vs. winner of #5 seed and #12 seed

Region 2 – Mayville, Mike Moore, Manager

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- Winner #3 seed and #14 seed vs. winner of #6 seed and #11 seed
- Winner #4 seed and #13 seed vs. winner of #5 seed and #12 seed

Region 3 – Ellendale, Matt Herman, Manager

- District 6 - Team 1 vs. District 5 - Team 4
- District 5 - Team 2 vs. District 6 - Team 3
- District 5 - Team 1 vs. District 6 - Team 4
- District 6 - Team 2 vs. District 5 - Team 3

Region 4 – Devils Lake, Jason Wiberg, Manager

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- #4 seed vs. winner of #5 seed and #12 seed

Region 5 Washburn, Pete Moe, Manager

- #1 seed vs. winner of #8 and #9 seed
- #2 seed vs. winner of #7 seed and #10
- #3 seed vs. winner of #6 seed and #11
- #4 seed vs. #5 seed

Region 6 – Minot Auditorium, Alton Nygaard, Manager

- District 12 - Team 1 vs. District 11 - Team 4
- District 11 - Team 2 vs. District 12 - Team 3
- District 11 - Team 1 vs. District 12 - Team 4
- District 12 - Team 2 vs. District 11 - Team 3

Region 7 – Dickinson Trinity, Gregg Grinsteiner, Manager

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- #4 seed vs. winner of #5 seed and #12 seed

Region 8 – Watford City, Randy Cranston, Manager

- District 16 - Team 1 vs. District 15 - Team 4
- District 15 - Team 2 vs. District 16 - Team 3
- District 15 - Team 1 vs. District 16 - Team 4
- District 16 - Team 2 vs. District 15 - Team 3

STATE TOURNAMENT

The State Volleyball Tournament will be held on November 17-19, 2016 in Fargo at the Fargodome. Todd Olson, athletic administrator of the Fargo Public Schools will serve as tournament manager.

State B

The head coaches of the eight qualifying teams will use an electronic process to seed the top five teams for the state tournament. An NDHSAA-approved designee will randomly draw the opponents for the top five seeded teams.

The quarterfinal pairings are:

- #2 seed vs. Second Random Draw
- #3 seed vs. Third Random Draw
- #1 seed vs. First Random Draw
- #4 seed vs. #5 seed



2016 Regional/State Volleyball Information (Continued)

2016 STATE VOLLEYBALL TOURNAMENT SCHEDULE

NOTE, THE SCHEDULE WILL BE DOUBLE COURT FOR ALL BUT THE CHAMPIONSHIP MATCHES.

After first match of a session, the next match will begin 25 minutes after the completion of matches but not earlier than the scheduled time.

SESSION 1 Thursday, Nov. 17 (Double Court):

A-Court

12:00 #1 West vs #4 East

2:00 #2 East vs #3 West

B-Court

12:00 #2 Seed vs. Random Draw

2:00 #3 Seed vs. Random Draw

SESSION 2 Thursday, Nov. 17 (Double Court):

A-Court

6:00 P.M. #1 East vs #4 West

8:00 P.M. #2 West VS #3 East

B-Court

6:00 #1 Seed vs. Random Draw

8:00 #4 Seed vs. Random Draw

SESSION 3 Friday, Nov. 18 (Double Court): CONSOLATION PLAY

12:00 P.M. Consolation Semi-Final (Upper Bracket)

2:00 P.M. Consolation Semi-Final (Lower Bracket)

SESSION 4 Friday, Nov. 18 (Double Court):

CHAMPIONSHIP SEMI-FINALS

6:00 P.M. Championship Semi-Final Matches (Upper Bracket)

8:00 P.M. Championship Semi-Final Matches (Lower Bracket)

SESSION 5 Saturday, Nov. 19 (Double Court):

11:00 A.M. 7th Place Matches

1:00 P.M. Consolation Championships

3:00 P.M. Third Place Matches

SESSION 6 Saturday, Nov. 19 (Single Court):

6:00 P.M. A Championship

8:00 P.M. B Championship

All State Tournament matches must be played to conclusion. Matches will be played on double court or main court as indicated in the schedule. Only the championship matches will go on main court.

MATCHES

- All Regional and State play will be best-of-five-set matches with rally scoring.

COACHES

- Coaches with teams entered in the State Tournament will meet with the tournament manager on Thursday prior to their scheduled pre-match to go over any questions they might have and for a briefing on the operation of the tournament.

OFFICIALS

- Officials will be contracted by the NDHSAA. Assignment of officials for regional matches may be made by the NDHSAA or the tournament manager. Officials for regional play will be selected via coaches survey and NDHSAA liaison input.
- Officials working the State A Tournament will be the top three selections from each region. Officials working the State B Tournament will be the top selection statewide from Regions 1, 3, 5, and 7 plus two at-large officials. The sit-out rule is in effect.
- Assignments of these officials for State Tournament matches are made by the NDHSAA office one week prior to the tournament and officials will then be notified of their specific assignments. Only NDOA and reciprocity officials are eligible to work regional tournaments and only NDOA officials are eligible to work the state tournament.
- A floor captain, statisticians, desk officials, ball return workers, ticket takers and sellers, ushers, etc., are to be obtained by the tournament manager. Desk officials are required to wear distinguishing uniforms so they can be readily identified.
- It is recommended registered officials be used as line judges. The NDHSAA will attempt to contract registered officials. If registered officials cannot be obtained, qualified line judges will be utilized. No mileage or per diem will be paid. These officials will receive two tournament passes plus a per-match fee.

PRACTICE SESSIONS - Regional and State Tournament

- No practice will be allowed at the Regional site from the time the brackets are set to once the tournament has begun. Class A & B hit-arounds have been reinstated.

The schedule will be as follows:

- Session 1 Hit-a-round
 - 9:00-9:20 - Class A East #4 and Class B 12:00 Random Draw
 - 9:20-9:40 - Class A West #1 and Class B #2 Seed
 - 9:40-10:00 - Class A East # 2 and Class B 2:00 Random Draw
 - 10:00-10:20 - Class B West #3 and Class B #3 Seed
- Session 2 Hit-a-round
 - Immediately following Session 1 Volleyball action (20 Minute intervals)
 - Class A West #4 and Class B 6:00 Random Draw
 - Class A East #1 and Class B #1
 - Class A West #2 and Class B #5
 - Class A East #3 and Class B #4

2016 Regional/State Volleyball Information (Continued)

WARM-UP

- A scheduled 25-minute warm-up period on the playing court will be provided prior to each Regional and State match. While using double court, warm-up on court may begin immediately following the previous match. Warm-up shall consist of 9 minutes teams share the court, no balls hit over the net. The remainder of the warm-up time will be: 4 minutes full court for the visitor team, 4 minutes full court for the home team, 4 minutes full court for the visitor team, and 4 minutes full court for the home team. During a team's time on the court, they may choose the option of serving practice.

BALLS

- Practice Balls - Each participating team will furnish its own practice balls at regional sites unless otherwise stated by regional management. Practice balls will be furnished by the management at the state tournament site.
- Game Balls - Game balls are furnished through the NDHSAA office and sent to all A and B regional and state tournament managers. Upon completion of the tournament, balls may be awarded to the schools at no cost (one per school) with first chance going to the first place team, second to the second place team, etc.

PLAYERS IN UNIFORM

- In Regional and State Tournaments, schools may have a 15 player roster and the maximum number of players dressed for a match is also 15. If disciplinary action of a player is taken by a coach removing a player because of violation of any Association rules, a player may be replaced by someone else for the tournament. If disciplinary action is taken by the coach for reasons other than NDHSAA rules and regulations, a player may not be replaced. Any changes in the roster must be cleared with the tournament manager beforehand. It is not necessary to use the same players in Regional and State Tournaments.

PASSES

- A maximum of twenty-eight passes shall be given to competing schools in regional and state tournaments, plus cheerleader passes (maximum of 8 which includes the mascot). Schools are to notify the tournament manager as to the number of passes needed. Each player, student manager, coach and school official must present a pass or ticket for admission to any and all sessions. Additional passes must be requested from the tournament manager, who will bill the school accordingly.

SCHOOL RESPONSIBILITY

- PART TWO, SECTION V of the NDHSAA Constitution & By-Laws states: "Contesting schools shall each have present an authorized faculty representative who shall be responsible to his/her school for the conduct of its participants and students throughout the contest and the visiting team's stay away from home."
- The NDHSAA Board of Directors, in response to a recommendation of the District Chairpersons, adopted the following policy: "An appropriate shirt is required at all NDHSAA sponsored district, region and state events". An appropriate shirt is to be determined as per local school policy. Also, there shall be no body paint. Face paint is allowed.

TEAM ALLOWANCE

- Regional Tournament and State Tournaments only.
- Team payments will be distributed at the end of the school year.

HOUSING

- State Tournament managers will make motel/hotel arrangements for the out-of-town schools.

PROTESTS

- Protests as to eligibility status of individual contestants will be considered by the Board of Directors prior to or after the completion of a tournament, but not while said tournament is in progress.

SOLICITATIONS

- No solicitations for any purpose shall be permitted at any Association-sponsored tournament regardless of the merit of such a venture.

CONCESSIONS, PROGRAMS, HOSPITALITY WILL BE THE HOST CITY'S RESPONSIBILITY.

TROPHIES AND AWARDS

- **Regional:** Team awards are provided for 1st and 2nd, place winners for Class A and 1st, 2nd, 3rd and 4th place winners for Class B.
- **State:**
 - Team awards are provided for 1st, 2nd, 3rd, 4th, 5th, 6th, 7th and participation. Only trophies provided by the NDHSAA or an approved affiliated organization will be presented at the tournaments.
 - Individual awards are also provided for the State Tournament. Eighteen individual plaques will be provided for each 1st and 2nd place team members. Places 3 through 8 shall each be provided with 18 participation medals.
 - The NDHSAA will not be announcing all-state team at this year's state tournament.

VIDEOTAPING OR FILMING

- Regulations prohibit the use of video equipment by schools except for the match they are playing. This does not prohibit stations that have contracted for the televising of tournaments from videotaping or filming for delayed telecasts.
- Private individuals may use video recorders at NDHSAA-sponsored events provided they do not interfere with other people's view of the match. Tournament managers will determine if individuals are causing any viewing problems. No webcasting is allowed for private individuals.

2016 Regional/State Volleyball Information (Continued)

INSURANCE

- Each tournament will be protected by a Master Personal Liability and Property Damage Insurance Policy.
- All tournaments will be protected against Inside Robbery and Outside Messenger Service and Burglary Insurance to a maximum of \$2,000 for each tournament.
- All Regional Tournament managers are bonded with a \$10,000 Fidelity Bond and State Managers with a \$75,000 bond.

ADMISSION PRICES

Regional:

Daily Individual Session Adult - \$8.00 / Student - \$5.00

A Pre-Quarters:

Adult - \$7.00 / Student - \$5.00

Note: All regional and state tickets are unreserved.

State Weekend Tournament Pass:

Adult: \$32 + venue charge, Student: \$15 + venue charge

Daily Pass:

Adult: \$12.00 + venue charge Student: \$6.00 + venue charge



State Cross Country Meet on October 22, 2016

The 38th Annual Girls State Cross Country Meet and the 56th Annual Boys State Cross Country Meet will be held on Saturday, October 22nd in Jamestown Parkhurst Recreation Area (4 miles north of Jamestown), with Jim Roaldson as manager.



Separate meets will be held for the Class A girls and boys teams as well as the Class B boys and girls teams. The Class B Boys event will begin at 11:00 a.m., the Class B Girls event will begin at 11:45 a.m.

Awards will immediately follow the completion of the Class B races. The Class A Boys event will start at 2:00 p.m. and the Class A Girls event will start at 2:45 p.m. with awards ceremony for the Class A races immediately following the two races. Both the boys and the girls will run a 5000 meter course. Provisions will be made to walk the course at 9:00 a.m. for those wishing to do so. There will be no practice on the course the day or evening prior to the competition.

The meet is open to any Cross Country Class A or B school submitting an entry form which will be electronically provided to the school administration. Submit this registration form no later than Monday at 10:00 a.m. prior to the state event. Both the boys team and the girls team may be submitted on the same entry form. Entries submitted after deadline date up to Noon Monday prior to the State Meet must be accompanied by a \$25.00 late entry fee. **NO ENTRIES WILL BE ACCEPTED BEYOND THAT TIME.**

Through the use of the adjusted score procedure, those schools who enter or compete with fewer than 5 on a team will still post a team score. If fewer than five members of a team finish a race, the score of the remaining slots up to five will be a score of one more (plus two more, etc.) than the field that finishes. Schools with more than five members finishing the race shall have their five highest finishers' scores count toward the team championship. Ties in team scoring shall be resolved by comparing the sixth runner's score from each team. Uniform rules as set by the National Federation shall be enforced at the State Meet.

STARTING LINE: Each space recommended be a minimum of 2 meters wide. At the starting line, lanes will be left vacant when there are more lanes available than teams. Example: Lane spots available = 24 / Teams Competing = 20. Prior to drawing for team starting positions, the meet manager will pull out 4 positions such as lanes 4, 8, 12 and 16. Starting assignments would then be drawn and assigned in lanes 1-3 (lane 4 open), 5-7 (lane 8 open), 9-11 (lane 12 open), 13-15 (lane 16 open), 17-20. **USE OF GOLF CARTS, BICYCLES AND OTHER MEANS OF TRANSPORTATION AT THE COURSE shall be limited to officials and workers of the State Meet.**

AWARDS: Trophies will be given to the top 5 teams in each of the four divisions. Individual plaques will be given to the top twenty runners in each of the four divisions plus individual plaques will be given to each member of the runner-up and championship team in each of the four divisions.

ADMISSION: Adults - \$8.00 / Students - \$5.00

2016/17 Online Rules Clinics for Activity Advisors, Coaches and Officials

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA. You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only for the 2016/17 school year.



Following are the sports and activities online rules clinics for 2016/17 clinic windows:

Winter Sports:

October 31 - November 21, 2016

Basketball, Gymnastics, Hockey, Wrestling

Winter Fine Arts:

October 31 - November 21, 2016

Debate, Speech

Spring Sports:

February 13 - March 6, 2017

Track & Field

March 6 - 27, 2017

Baseball, Boys Golf & Class B Girls Golf,
Softball

2016 NDHSAA State Boys Soccer Tournament Schedule

The 2016 NDHSAA Boys State Soccer Tournament will be played October 13-15 at Shanley High School in Fargo with Michael Breker as manager. The tournament is an 8-team single elimination tournament with a consolation round playing to 5th place.



The bracket and games are:

Thursday Games

E-1 vs. W-4 @ 12:00 p.m.

W-2 vs. E-3 @ 2:15 p.m.

W-1 vs. E-4 @ 4:30 p.m.

E-2 vs. W-3 @ 6:45 p.m.

Friday Games

Consolation Game #5 @ 12:00 p.m.

Consolation Game #6 @ 2:15 p.m.

Semifinal Game #7 @ 4:30 p.m.

Semifinal Game #8 @ 6:45 p.m.

Saturday Games

5th Place @ 11:00 a.m.

3rd Place @ 1:15 p.m.

Championship @ 3:30 p.m.

Admission: Daily

Adult \$10.00 Student \$5.00

Admission: Tourney

Adult \$24.00 Student \$12.00

For other soccer information see: http://www.ndhsaa.com/files/Soccer_Regulations.pdf

Participants Must Be Accompanied

Please be reminded all regional and state individual and team members must be accompanied by a coach or school official as noted in the NDHSAA By-Laws on page 4, Part Two, Article III-CONTESTS, Section V.

Managers of regional and state NDHSAA sponsored activities have been notified to strictly enforce this rule. No participant or team will be allowed to participate without a coach or faculty representative present at the contest.

NDHSAA Contact Information

Street Address:

350 2nd Street Northwest
Valley City, North Dakota 58072-0817

Mailing Address:

PO Box 817
Valley City, North Dakota 58072-0817

Websites: www.ndhsaa.com - www.ndhsaanow.com

Phone: (701) 845-3953

Fax: (701) 845-4935



Dakota Bowl November 11, 2016

The 2016 Dakota Bowl will be held Friday, November 11 at the Fargodome with Todd Olson as manager.

Friday, November 11, 2016

- Game 1 - 9:10 am – Division A
- Game 2 - 20 minutes after Game 1 – 9-Man
- Game 3 - 20 minutes after Game 2 – Division AA
- Game 4 - 6:40 pm – Division AAA

Awards will be presented immediately following each game. Players **MUST** wear their jerseys to be recognized and receive awards. Teams scheduled for the second and third games can have preliminary warm-ups in a designated area and will have 20 minutes on the field before introductions.

TICKET PRICES (ALL Day)

Adults: \$14.00 + \$0.50 venue charge (\$14.50)
Students: \$6.00 + \$0.50 venue charge (\$6.50)



Photo by Dave Wallis / Forum Communications

NDHSAA Class A Girls State Golf Information

2016 NDHSAA sponsored State "A" Girls Golf Tournament will be held October 3-4 at Prairie West Golf Course, 2709 Longspur Trail, Mandan, ND 58554, 701.751.6171. Mark Wiest, Athletic Administrator at Mandan High School will be the tournament manager.

Tee-off begins at 8:30 a.m. on October 3. Qualifiers will play 18 holes each day of the tournament with awards being presented at the conclusion of Tuesday's play. Team trophies will be awarded to the top 3 teams. Awards will be presented to the 6 members of the first and second place teams. In addition, awards will be presented to the medalist and 9 all-state recipients.



The top six teams from the East and West Region will qualify. Golfers also qualify from regions to the state tournament through top ten region placing plus any individual scoring less than 15 strokes above the region medalist. The top ten all-conference selections from regular season play in their respective regions advance to the State Tournament. Also, each regional site designates one invitational tournament which will allow individuals to qualify for state. Qualifying marks for that designated tournament will be 15 strokes above medalist or fifteen above par, whichever is higher.

For more information, please visit <http://www.ndhsaanow.com/tournaments/golf-girls-a>

NDHSAA Boys State Tennis Information

The 2016 NDHSAA sponsored Boys State Tennis Tournament will be held October 6-8, 2016, headquartered at Center Court Fitness Club, 4401 S 11th St. in Grand Forks, Mark Rerick, Athletic Administrator for Grand Forks Public Schools, will serve as tournament manager.

The event starts at 10:00 a.m. Thursday October 6th with team tournament play. Individual play begins on Friday, October 7th at 9:00 a.m. weather pending. Saturday, October 8th, play starts at 9:00 a.m. weather pending. The event concludes with awards following the end of the final match.



For more information about boys tennis, please visit: <http://www.ndhsaanow.com/tournaments/tennis-boys>

Visit NDHSAA NOW for tournament updates: www.ndhsaanow.com

2016/17 NDHSAA Board Meeting Dates

Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website. <http://www.ndhsaa.com/board/meetings>

October 19 - Bismarck

October 20 - General Assembly Meeting, Bismarck

December 1 - Valley City

January 18 - Athletic Review - Valley City

January 19 - Valley City

January 31 - Membership Meeting, Bismarck

March 17 - District Chair & Board Meeting, Minot

May 4 - Valley City

May 25 - Fine Arts Review, Bismarck

June 7 - Athletic Review, Valley City

June 12-13 - Valley City

June 28-July 2 - NFHS Summer Meeting, Providence, RI

Debate, and Speech Clinics Online

For 2016/17, debate and speech clinics were offered in-person at the C STAND convention and will be online within the designated window.

Clinic completion is mandatory for head play directors, head speech coaches, head debate coaches, head student congress coaches, head vocal, strings, and instrumental music directors. You must have a NDHSAA account in order to complete the online rules clinic. **Following are the 2016/17 clinic windows:**



Winter Fine Arts: October 31 - November 21

Debate
Speech

State B Play Contest

Regional qualifiers will participate at Jamestown High School and the University of Jamestown on Monday, November 21.

The top 4 plays from each preliminary site will advance to the Finals at the University of Jamestown on Tuesday, November 22. A complete schedule for State B Plays will be posted at <http://www.ndhsaanow.com/tournaments/play> as soon as it is finalized.



Music Judge Certification

College or high school personnel with a B.S. in Music Education and 5 years experience (recommended) may judge NDHSAA sponsored Music Festivals if they successfully complete the online rules test.

If you have questions regarding music certification, please contact Brian Bubach at: brian.bubach@ndhsaa.org



2016 State Student Congress

The 2016 State Student Congress will be held at the Bismarck State Capitol on Thursday and Friday, November 3 and 4. Sue Anderson, Richardton-Taylor, will serve as manager.

Registrations must be filed on the NDHSAA website at www.ndhsaa.com through our online system. All registrations must be complete before 11:59 p.m. CDT October 20.

The State Congress resolutions and schedule will be posted on our website and sent to school coaches following West Student Congress October 14.

NDHSAA HELP (FAQ)

The NDHSAA website has a help link available. If you can't find the answer to your question on the FAQs, please contact NDHSAA. Brenda.schell@ndhsaa.org
Phone: (701) 845-3953

NDHSAA Minimal Behavior Expectations

Passed by the NDHSAA Board of Directors in June for regular and postseason competitions and requires:

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand held signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- Confetti is banned at all NDHSAA tournament venues. Tournament staff is instructed to confiscate such articles at the door.
- Objects shall not be thrown into the stands at any NDHSAA tournament venue.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.

District Volleyball Tournaments

District 5 - Oct. 27, 28, 31 - LaMoure HS - Lucas Isaacson - Manager

District 6 - Nov. 1, 3, 4 - Ashley HS - Jason Schmidt - Manager

District 11 - Oct. 27, 28, 31 - Velva HS - Larry Sandy - Manager

District 12 - Oct. 27, 28, 31 - Des Laes Burlington HS - Scott Medalen - Manager

District 15 - Nov. 1, 3, 4 - Parshall HS - Aaron Fisher - Manager

District 16 - Oct. 31, Nov. 1, 3 - Tioga HS - Ryan Eraas - Manager



NDHSAANOW.com Website



NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Football standings, human-interest stories, twitter feed and much more! This is also the site where you will access video from the NFHS Network and video streams from member schools.

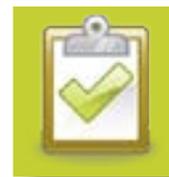
Check it out NOW!!! <http://www.ndhsaanow.com>

Entering Foreign Exchange Students

NDHSAA requires member schools to submit all foreign exchange students for approval through the NDHSAA website. Foreign exchange students must meet all NDHSAA eligibility requirements and must be attending a member school under an approved CSIET program.

To submit foreign exchange students to NDHSAA:

1. Log in to NDHSAA
2. Click the Admin Bell for your school on the top left side of the page
3. Click the Foreign Exchange Students Tab on the grey menu bar
4. Click the +Add Button
5. Complete form
6. Submit
7. Your form will be emailed to Matt Fetsch for approval/denial



NFHS World Book's Learning Pro

Learning Pro: Simple Ways to Improve Study Habits and Promote Learning, a new suite of online courses designed specifically for students, is available at www.nfhslearn.com. The Learning Pro program, developed by World Book, Inc., delivers practical advice on improving study skills and grades through four courses: Homework Helper, Reading and Learning Strategies, Research Skills and Testing Tips.

Learning Pro is led by an on-camera host while peer correspondents file reports from the field for an entertaining spin on study skills. Interactive exercises allow students to learn about and practice their new skills, and printable resources are available for future reference.

Learning Pro enables students, and parents, to focus on specific skills, and add more courses based upon their skill-building needs. Each course is now free.

NFHS Middle School Coach Education Course

Coaching Sports in Middle School – is now available online through the National Federation of State High School Associations (NFHS) at www.nfhslearn.com.

Coaching Sports in Middle School focuses on middle school issues and how to address them. All NFHS coaching education courses are applicable to the middle school/junior high level, but this one has been tailored to the unique characteristics of that level. It factors that middle school athletes aren't young adults yet and are at a different skill level.

Coaching Sports in Middle School takes approximately one hour to complete and costs \$20.

NDHSAA Local (Sub-Varsity) Official Certification Available

NDHSAA has a new process for certifying Local Sub-Varsity officials. Officials who complete all items needed to certify will be able to officiate at the sub-varsity level and below in the sport(s) in which they certify. This certification must be under the direction of an administrator of a NDHSAA member school.

Requirements for Local Official include:

- 1) Completion of the NFHS Learn "Concussion in Sports - What you Need to Know" course. Users must create an account on the NFHS Learn site and purchase the course, although the course is free. Instructions are available on the NDHSAA website at the Concussion Management Information link on the main NDHSAA webpage.
- 2) Creation of NDHSAA Account. If prospective official has an existing NDHSAA account, requirements must be completed using the existing NDHSAA account and email address.
- 3) Completion of the online Local Officiating Rules Clinic, available on the "Clinic" tab when logged in to NDHSAA account.
- 4) Completion and submission of LOCAL Officials' Registration Form, available at end of Local Officiating Clinic.
- 5) Submission of payment to LOCAL school administrator for submission to NDHSAA for processing.

ALL 5 items must be complete BEFORE LOCAL officials are eligible to officiate contests. LOCAL Officials are able to officiate contests at the JV level and below only.

Please contact the NDHSAA office with any questions concerning the certification of local sub-varsity officials through this program.

2016 Fall Tournament Ticket Prices

CROSS COUNTRY

State Meet at Jamestown, N.D.
Adults: \$8.00 Students: \$5.00

FOOTBALL

Pre-Quarterfinals, Quarterfinals and Semifinals

Adults: \$8.00 Students: \$5.00

Dakota Bowl at Fargodome

Adults: \$14 + .50 venue charge = \$14.50

Students: \$6 + .50 venue charge = \$6.50

CLASS A GIRLS GOLF

State Tournament at Mandan, N.D.

Daily Ticket

Adults: \$8.00 Students: \$5.00

BOYS SOCCER

State Tournament at Fargo, N.D.

Daily Ticket

Adults: \$10.00 Students: \$5.00

Tournament Ticket

Adults: \$24.00 Students: \$12.00

BOYS TENNIS

Region & State

Daily Ticket

Adults: \$8.00 Students: \$5.00

*** State at Grand Forks, N.D.**

Girls Swimming & Diving

State Meet at Bismarck, N.D.

Daily Ticket (includes \$1 venue charge)

Adults: \$11.00 Students: \$6.00

Tournament (includes \$2 venue charge)

Adults (reserved): \$28.00

Students (unreserved): \$10.00

Volleyball

Region Play-In Games

Adults: \$7.00 Students: \$5.00

Regional Play

Daily Ticket

Adults: \$8.00 Students: \$5.00

State Tournament at Fargodome

Daily Ticket (includes \$1 venue charge)

Adults: \$13.00 Students: \$7.00

Tournament (includes \$3 venue charge)

Adults: \$35.00 Students: \$18.00

NDHSAA Board of Directors Meeting – September Summary

The September North Dakota High School Activities Association Board of Director's meeting was held September 22 in Valley City.

- 2017-2018 NDHSAA Football Plan timeline discussed. Preliminary division alignments and region assignments for AAA, AA, A and 9-man reviewed.
- Survey sent 9-man teams to determine if division should include eight regions or six.
- Final 2017-2018 Football Plan will be approved in October.
- New Girls Golf Regulation added. New regulation reads: For Region and State, schools may enter a maximum of six players, with the four lowest scores from each day counting as the team score. The fifth score will be used to break ties. If still tied, the sixth score will be used to break ties. Should there be a team that does not have a fifth/sixth score, the other tied team will win the tiebreaker provided they have a fifth/sixth score. If still tied, all team members are to play an extra hole, counting four best, and continue in this manner until the tie is broken.
- NDHSAA Board of Director's Tournament Committee approved the following:
 1. 2017 Class B, Region 5 boys basketball tournament will be held at the Bismarck Events Center March 6-7 and Bismarck Legacy High School on March 9.
 2. 2017 NDHSAA State Class B Boys Golf Tournament will be held May 30-31 at Prairie West Golf Course in Mandan.
 3. 2017 NDHSAA State Class B Girls Golf Tournament will be held May 30-31 at Tom O'Leary Golf Course in Bismarck.



NDHSAA October Calendar

10/1/16	East and West Region Boys Tennis Tournaments
10/1/16	THE MONTH OF OCTOBER IS NATIONAL HIGH SCHOOL ACTIVITIES MONTH
10/1/16	SAT National Test Date
10/2/16	FBLA Leadership Conference, Bismarck, Oct. 2-3
10/3/16	A Girls Golf State Tournament, Mandan, Oct. 3-4
10/3/16	Rosh Hashanah
10/6/16	Boys Tennis State Tournament, Grand Forks, Oct. 6-8
10/8/16	Boys Soccer Deadline For Regular Season
10/8/16	Football End 9-Man Regular Season
10/10/16	Columbus Day
10/12/16	Yom Kippur
10/13/16	Boys Soccer State Tournament, Fargo, Oct. 13-15
10/14/16	West Congress, Mandan
10/15/16	Football End Div. A Regular Season
10/15/16	Football First Round 9-Man Playoffs
10/17/16	FFA National Convention, Indianapolis, Oct. 17 - 22
10/17/16	State Cross Country Registrations Due, 10:00 a.m.
10/19/16	NDCEL Fall Conference, Bismarck - Oct. 19-21
10/19/16	First Allowable Date for Body Fat Assessment
10/19/16	NDHSAA Board of Directors Meeting, Bismarck
10/20/16	NDHSAA GENERAL ASSEMBLY MEETING, BISMARCK
10/22/16	ACT National Test Date
10/22/16	Cross Country State Meet, Jamestown, Oct. 22
10/22/16	Football End Div. AA Regular Season
10/22/16	Football End Div. AAA Regular Season
10/22/16	Football First Round Div. A Playoffs
10/22/16	Football Second Round 9-Man Playoffs
10/27/16	NDCSA School Law Seminar, Bismarck Ramkota
10/27/16	NDSBA New Member Seminar, Bismarck Ramkota
10/27/16	NDSBA Annual Convention, Bismarck Ramkota, Oct. 27-28
10/28/16	Football Quarter Final Playoffs AAA
10/29/16	Football Quarter Final Playoffs 9-Man- A - AA
10/30/16	State DECA Leadership Conference, Fargo, Oct. 30-31
10/31/16	Basketball Rules Clinic, Online Only, October 31 - November 21
10/31/16	Debate Rules Clinic, Online Only, October 31 - November 21
10/31/16	Gymnastics Rules Clinic, Online Only, October 31 - November 21
10/31/16	Hockey Rules Clinic, Online Only, October 31 - November 21
10/31/16	Speech Rules Clinic, Online Only, October 31 - November 21
10/31/16	Wrestling Rules Clinic, Online Only, October 31 - November 21
10/31/16	Halloween

NDHSAA Calendar Corrections

The January SAT National Test Date is January 21. Incorrectly listed as January 28.



HAPPY HALLOWEEN