



## **Our Newest Website Addition**

Good afternoon! We are excited to announce our newest addition to our website:

Trivia Contests! We will be having a weekly trivia question! So make sure you check our website periodically for a chance to win some free products! Check out our [trivia](#) question at the bottom of our website this week for a chance to win a free Brock String! Just e-mail your answer to [Emily@howelltosports.com](mailto:Emily@howelltosports.com) and the first person to correctly answer the trivia question will be our winner!

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## **This Week's Top Product**



*Cognitive Vision Training Program*

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**Keep a look out for Podcasts coming soon to  
[HowellToSports.com!](http://HowellToSports.com)**

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**Also, check out these articles and video!**

[Pitchers Are Slowing Down to Speed Up](#)

Despite consternation from the commissioner and rule changes to speed up the game, baseball has never been slower than it is right now.<sup>1</sup> Even in the short time since last season, the average delay between pitches has jumped a full second.

[Yonder Alonso and the Circular Nature of Things](#)

The year is 2008, and Yonder Alonso just finished his college career at the University of Miami. His stats are pretty impressive. Alonso's slash line for his junior year goes .370/.534/.777 with 24 home runs (good for ninth in ALL of college baseball).

[Betts vs Donaldson \(Linear vs Rotational\) -Video](#)

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