Quick Tips For a Beautiful Tan

*Always schedule your manicures, pedicures, waxing, shaving and hair appointments 24 to 48 hours prior to your airbrush session.*

Take time to properly prepare your skin for the customized handheld spray tan session.

**Exfoliate, Exfoliate, Exfoliate**

*Exfoliate* skin 24 hours prior to your appointment. We recommend a dry brush before showering, Norvell sulfate free gentle exfoliate or Norvell Intensive Detoxifying salt scrub. This step is so important, this allows the sunless product to be applied to the freshest layer of skin, enabling an even application and prolonging the tan.

Avoid using products that can neutralize the DHA bronzing capability. IE; bar soaps, pH shower products, or in-shower moisturizers and any oil-based products.

**The skin must be clean!**

Do not apply makeup, deodorant, perfume or lotion prior to your appointment. These products act as a barrier to the solution and DHA will not be able to properly develop.

Forgot to remove products from your body prior to appointment don’t worry we have you covered, ask your technician for Norvell Pre-Sunless body buff Exmitt. It is a disposable mitt infused with a blend of gentle cleaners, moisturizers and Norvell XLATAN pre sunless treatment. It can be used immediately prior to spray tanning, to polish, prime and pH balance the skin. No water or rinsing needed.

Wear dark loose clothing and flip flops to your session (cotton is recommended). Tight clothes can remove sunless product from body, therefore affecting your results.

Be prepared with an umbrella, long sleeves and long pants if there is rain in the forecast. We will provide these items if necessary.

Elle’s carries all the above-mentioned products for your preparation, we also have a full line of maintenance products to optimize and enhance your sunless tan.

Ask your technician for a preparation and maintenance pamphlet. Don’t forget to ask for free samples of our Norvell products, one use and you will know why we love them!
Spray Tanning Recommendation

FDA RECOMMENDATIONS FOR SPRAY TANNING WITH DHA

The FDA recommends that users should avoid ingesting or inhaling products containing DHA. This includes exposure to the eyes, lips, mucus membranes or internally. When receiving an airbrush tan it may be difficult to avoid exposure.

The FDA and Elle’s recommend that you take the following measures to protect against ingestion or inhalation during your sunless session by:

- Protective eyewear
- Nose filters
- Sealing lips with lip balm
- Protective undergarments

You may bring your own protective items, or you may use items that we provide for this purpose.

Caution – Pregnant or nursing women should consult their physician before the session.

Caution - Some individuals in certain circumstances may be allergic to one or more ingredients in the spray tan solution. In such case, please discontinue use immediately and consult a physician.

Warning – The spray tan ingredient DHA (Dihydroxyacetone) has been approved only for external application and should not be inhaled or ingested internally.

Warning – This product does not contain a sunscreen and does not protect against sunburn. Repeated exposure to the sun of unprotected skin while sun tanning may increase the risk of skin aging, skin cancer and other harmful effects to the skin even if you don’t burn.

Spray tanning is accomplished in part by application of a solution containing the active ingredient DHA. According to the FDA (Food and Drug Administration), DHA is a color additive for use in imparting color to the human body.
Client Registration

Mr/Mrs/Miss/Ms. _____ First Name ___________________ Last Name __________________
Name you like to be called _________________________________
Address ______________________________________________________________________
City ___________________ State ___________ Zip ___________

Telephone Numbers/Contact Details

Home _____________________________ Cell _____________________________
Email/s ______________________________________________________________________
Preferred Contact ________________

Client Information

Sex _______ Age _______

Do you have Asthma? ______ Do you wear contacts? ______ Are you Pregnant? ______
Do you have any skin issues? ______ If yes please list ________________________________
______________________________________________________________________________

Skin type Assessment

What kind of skin type are you? Circle which best describes your skin.

1. Very fair skin Extremely sensitive to the sun and can sunburn easily. Has red undertones and cannot achieve a tan.

2. Fair skin Sensitive to the sun. Has fair skin with redder undertones and has difficulty achieving a tan.

3. Fair to Medium Medium skin tones that have no red undertones. Can achieve a medium tan.

4. Medium to dark Medium to olive skin tones. Can achieve a medium to dark tan.

5. Dark skin Deep olive or dark brown skin tones. No sensitivity to sun and doesn’t sunburn.
You have agreed to participate in one or more customized handheld spray tan session(s) with Elle’s Spray Tan, to achieve a sunless tan for your skin.

Please read and indicate that you understand and agree with the following information.

It is incumbent upon you to inform us of any known allergies or medical issues (including pregnancy). The FDA recommends that pregnant women consult with their physician prior to being spray tanned.

People who are using Retin-A or Hydrocortisone should check with their physician before using the spray tan solution on skin.

If you have a history of asthma or other respiratory conditions that could be aggravated by the use of the spray tan application or solution please consult a physician before proceeding.

Please apprise your tanning technician of any past allergic reactions to DHA products, latex or other skin concerns.

Be advised that a small percentage of people have skin that does not react favorably to spray tan solution, for this reason, we do not advise being sprayed for the first time when your appearance is critical: e.g. wedding, special occasion, photographic session, modeling assignment, etc.

Some individuals in certain circumstances may be allergic to one or more ingredients in the spray tan solution. In such case, please discontinue use immediately and consult a physician.

Elle’s Spray Tan is not responsible for any allergic reactions to the solutions.

Elle’s Spray Tan employees have the right to refuse service to anyone at anytime without reason.

I have read the FDA recommendations and I understand, spray tanning is accomplished in part by application of a solution containing the active ingredient DHA. (Dihydroxyactone) DHA is a simple sugar derived from sugarcane, sugar beets and the fermentation of glycerin.

Here at Elle’s spray we offer organic solutions and our products are Paraben Free, Sulfate Free, Gluten Free and 100% Vegan. We will provide the FDA recommended protective items to all our clients to use during spray tan session. (Undergarments, Nose filters, Protective eye shields and lip balm.)

The spraying process will take approximately fifteen (15) minutes. After spraying, you will dry approximately (5) minutes before putting your clothes back on, and you should not shower, bathe or sweat excessively for approximately (6) hours. (Unless a rapid develop solution was used or technician advises otherwise.) Please be sure to follow your spray technicians’ instructions on how to maintain your spray tan.

Elle’s Spray Tan technician is trained to provide a smooth even tan. However due to normal skin variations, it is possible you may occasionally find some areas of your tan slightly lighter than others. In most cases, these differences are minor and disappear after a few days or sessions.
The bronzing and tanning solutions used during your session have the potential to stain clothing. The solutions are water soluble, they will wash out of most fabrics. Please be advised that Silk, Lycra, Spandex, Nylon, Wool and Leather can stain. We recommend that you wear something dark in color that can be stained without concern. Cotton clothing is less likely to stain. After your tanning session you should wear dark loose fitting clothes and flip-flops.

It is possible that the tanning solution may transfer to other clothing, furniture or car seats after your session. Washing or dry-cleaning will usually, but not always, remove the color. We suggest bringing a towel to cover your car seat.

Elle’s Spray Tan, LLC. is not responsible for potential stains to clothing or upholstery. Please be careful.

**Liability Waivers**

The spray tan process and FDA recommendations have been explained / read by me and understood. I hereby agree to allow an employee of Elle’s Spray Tan LLC. to apply spray tan solution to my skin. To my knowledge, I have no medical condition or allergy, which would preclude me from having this procedure done. I agree to hold Elle’s Spray Tanning, LLC. and it’s employees harmless of any and all liability for medical complications that may arise from exposure to the spray tan solution. I have been advised to discontinue use if any reaction occurs.

I agree to hold Elle’s Spray Tan LLC. and its employees / associates harmless of any and liability for pregnancy-related medical complications that may arise from exposure to the spray tan solution. I acknowledge that I have been advised to consult with a physician who can properly assess the pregnancy-related risk and complications potentially involved through exposure to spray tan solution DHA while pregnant.

I acknowledge that the importance of wearing protective items to limit / prevent inhalation or ingestion of DHA in the area of the eyes, lips, or mucous membrane, or internally has been explained / read by me. I also acknowledge that I have been given the opportunity to wear my own protective items and that protective items have been made available to me from Elle’s Spray Tan.

Furthermore, I agree to release Elle’s Spray Tan LLC. and their employees from any liability in the event of stains to clothing, car seats and furniture upholstery, jewelry and accessories, and any other objects my body comes into contact with.

**I have read and completely understand this consent form, and agree to the above waivers of liability.**

Date: _____________________________

Client Name: ______________________________________________

Client Signature: ___________________________________________
Because the spray tan client is under the age of 18, a parent or legal guardian must also read and understand the information and provide their consent and approval for the tanning session with a signature below. All information is required. Elle’s Spray Tan, LLC.

reserves the right to refuse service if the person signing below cannot be contacted prior to session.

As Parent / Legal Guardian of the above listed Client, I grant permission for Elle’s Spray Tan, LLC. To apply a spray tan to the above listed Client. I acknowledge that I have read and completely understand this consent form, and agree to the waivers of liability, recommendations and terms.

Printed Name of Parent/Guardian: ________________________________________

Signature of Parent/ Guardian: ___________________________________________

Relation of Parent/Guardian: ____________________________________________

Date: __________________________

Parent/Guardian Phone Number: _________________________________________