

Top 10 reasons you should take piano lessons

- **Mental benefits: mental acuity, healing, self-awareness**
- **Physical benefits: better coordination, helps keep joints limber**
- **Learning piano or proper singing is cheaper than a shrink and a lot more fun!**
- **Music is a part of who we are as humans. Allow yourself to play.**
- **Playing can be a general stress reliever.**
- **Gain confidence, self-discipline, and challenge yourself!**
- **Learn more about yourself.**
- **Allow music to connect you to memories past and enjoyment of the present.**
- **You've always wanted to learn...you're never too old!**
- **Music instruction has changed a lot since you took lessons with Aunt Bessie next door!**