



**Helping men break the curses meant to destroy them,  
connections meant to distract them,  
and limits meant to deny their release into the  
blessings of God.**

# BREAKERS MENTOR FELLOWSHIP

**Breakers Mentor Fellowship** is a ministry effort that provides mentorship for a small group of married and single men.

## Mission

“The mission of **Breakers Mentor Fellowship** is to help men break the curses meant to destroy them, connections meant to distract them, and limits meant to deny their release into the blessings of God.”

### Mentorship Goals of the Fellowship

- To produce a closer personal fellowship with God.
- To promote spiritual maturity in manhood.
- To equip men to serve as fathers, husbands, brothers, servants, and mentors.

### Scriptural Foundation of the Fellowship

**1 Kings 2:2-3** / 2 I go the way of all the earth. Be strong and show yourself a man; 3 Keep the charge of the Lord your God, walk in His ways, keep His statutes, His commandments, His precepts, and His testimonies, as it is written in the Law of Moses, that you may do wisely and prosper in all that you do and wherever you turn, AMP

## Men’s Mentorship Group

Pastor Prentice Dupins, Sr. is inviting 16 men (8 single, 8 married) to be participants in this charter group of men mentoring men. The challenge is for participants to commit to an intense mentoring process for 16 weeks (August, September, October, November.) They must also commit to the entire opening retreat weekend and the closing retreat weekend. Interested men will be provided with an application to submit followed by an interview process for selection.

The curriculum for this mentorship group will be chapters of the unreleased book, “*What is a Man?*” by Prentice Dupins. Coach Dupins will serve as the mentor for this charter group. Three servants will work with the coach to serve the needs of the participants. During the 16 weeks, Coach Dupins will meet personally with participants every other week. The group will meet every other week. Typically, a group meeting will last 75 - 90 minutes. A mentor session will last one hour or less.

WEEK	Start	End	Activity	Focus
	July 27 (pm)	July 29	<b>Opening Retreat</b>	<b>Foundation for Breakers (Chapters 1 – 3)</b>
1	July 30	Aug. 5	Group Meeting	Cover Chapter 4
2	Aug. 6	Aug. 12	Mentor Session	One-on-One Coaching
3	Aug. 13	Aug. 19	Group Meeting	Cover Chapter 5
4	Aug. 20	Aug. 26	Mentor Session	One-on-One Coaching
5	Aug. 27	Sept. 2	Group Meeting	Cover Chapter 6
6	Sept. 3	Sept. 9	Mentor Session	One-on-One Coaching
7	Sept. 10	Sept. 16	Group Meeting	Cover Chapter 7
8	Sept. 17	Sept. 23	Mentor Session	One-on-One Coaching
9	Sept. 24	Sept. 30	Group Meeting	Cover Chapter 8
10	Oct. 1	Oct. 7	Mentor Session	One-on-One Coaching
11	Oct. 8	Oct. 14	Group Meeting	Cover Chapter 9
12	Oct. 15	Oct. 21	Mentor Session	One-on-One Coaching
13	Oct. 22	Oct. 28	Group Meeting	Cover Chapter 10
14	Oct. 29	Nov. 4	Mentor Session	One-on-One Coaching
15	Nov. 5	Nov. 11	Group Meeting	Cover Chapter 11
16	Nov. 12	Nov. 16	Mentor Session	One-on-One Coaching
	Nov. 17	Nov. 18	<b>Closing Retreat</b>	<b>Impartation / Celebration</b>

## PROGRAM OUTLINE

### I. The Focus of the Group Meetings

#### 2 Timothy 3:16-17

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: 17 That the man of God may be perfect, throughly furnished unto all good works. KJV

#### Seven Keys to Change

These are the items that will drive the activities of the group meeting:

1. Doctrine (Kingdom knowledge and understanding)
2. Instruction in Righteousness (Wisdom – God’s way of doing)
3. Reproof (Identify errors in thinking and actions)
4. Correction (For resetting course direction through choices or consequences)
5. Empowerment (Providing the necessary skills and materials to be successful as man of God.)
6. Encouragement (Helping another to move in the direction of success)
7. Accountability (Holding a brother to his commitment for change and growth)

### II. One-on-One Coaching

These activities will center on one or more of these ten key mentoring components of the Spirit – Soul – Body connection:

- **Spirit** – The spiritual development of a well-connected man. (The single focus of his relationship with God)
- **Soul** – The six parts of a well-constructed soul foundation. (Emotions, Intellect, Productivity, Ethics, Choice, & Responsibility)
- **Body** – The three-fold cord of a well-performing body. (Health & wellness, Physical abilities, & Preparedness)

### III. The Purposes of the Retreats

#### Opening Retreat Focus

- To grow intimacy in the relationship with God.
- Focus the group on the purposes of the mentorship cycle.
- To set the journey and boundaries for the group.

#### Closing Retreat Focus

- To celebrate the work of God at the end of the journey.
- To celebrate the growth of the group
- To look at ways to continue the growth after the group.

#### Other Items

- Additional activities will be agreed upon by the participants.
- Participants will be provided a copy of the book, materials for use during the retreats, group meetings and mentor sessions.
- All time and work missed from a group meeting must be made up.
- Costs for the opening retreat is \$75.00 per person. The cost for the closing retreat is \$50.00 per person. There is no cost for the group meetings or mentor sessions. Each participant is responsible for the cost of any agreed to additional activities. Men are welcome to provide freewill offerings in support of the mentor fellowship effort.
- This is a pilot program for men’s ministry. As such, teaching sessions will be recorded for purposes of inclusion in curriculum material.

#### Coach Prentice Dupins



Prentice Dupins is the founder and senior pastor of Covenant Family Church in North Little Rock, AR. He is married to Teresia Dupins, author of **Conquering Strongholds: Free to Be Who God Created You to Be**. He is affectionately known as Poppa D by his children and grandchildren. Dupins has served as mentor to many young males and females. He is the creator of Rites of Passage, a youth-focused mentorship program. A retired educator of 28 years, Dupins holds a BSE in Biological Sciences, a ME in Educational Administration and Leadership, and a MFA in digital filmmaking. He now educates through curriculum, training, film, and media serving as the Executive Producer for Argenta Pictures and 1410 Media Group based in North Little Rock, Arkansas.

# Breakers Mentor Fellowship Application

Thank you for considering being a part of the first class of men to be mentored in the **Breakers Mentor Fellowship**. The application process is open to adult and young men ages 17 and up. Send a completed application to **pdupins@gmail.com**. Once the application period ends, selection will begin for the 16 participants and alternates in this cycle of mentorship. 8 married men and 8 single men will be selected. Applications are due no later than July 1, 2017.

## CONTACT INFORMATION

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Age \_\_\_\_\_  
Email (please print) \_\_\_\_\_  
Mobile phone \_\_\_\_\_ Home phone \_\_\_\_\_  
Church \_\_\_\_\_ Senior Pastor \_\_\_\_\_

## DEMOGRAPHICS & BACKGROUND INFORMATION

1. Marital Status \_\_\_\_\_ Married \_\_\_\_\_ Number of Years \_\_\_\_\_  
\_\_\_\_\_ Engaged (Will not be married before 12-1-17)  
\_\_\_\_\_ Single / If single, \_\_\_\_\_ Never married  
\_\_\_\_\_ Widower  
\_\_\_\_\_ Divorced

Please list any food allergies.

2. Indicate which setting you were raised in most your childhood?

- \_\_\_\_\_ Urban (medium to large city) \_\_\_\_\_ Suburban (near a medium to large city)  
\_\_\_\_\_ Small town \_\_\_\_\_ Rural (farm or small community)

3. Rate your level of involvement in a men's study or discipleship group.

- \_\_\_\_ Fully involved (attended most sessions and activities)  
\_\_\_\_ Somewhat involved (attended slightly more than half of sessions and activities)  
\_\_\_\_ Rarely involved (attended a few sessions and activities)  
\_\_\_\_ No involvement  
\_\_\_\_ There is no men's study or discipleship at my Church

Please list any ongoing medical conditions or medical allergies.

4. Rate the following on a level of 10 (all the time) to 1 (not at all.)

- Snoring when sleep                      10 9 8 7 6 5 4 3 2 1  
Sleepwalking                              10 9 8 7 6 5 4 3 2 1  
Talking in your sleep                    10 9 8 7 6 5 4 3 2 1

**PERSONAL ASSESSMENT**

**5. What would you consider to be your top three strengths?**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

**6. What would you consider to be your top three weaknesses?**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

**7. Rank your level of understanding of each of the following male roles based on the scale listed below.**

\_\_\_\_\_ Brother (friend)

\_\_\_\_\_ Father

\_\_\_\_\_ Husband

\_\_\_\_\_ Mentor

\_\_\_\_\_ Son of God

1 – Strong understanding of the role.

2 – Above average understanding of the role.

3 – Average understanding of the role.

4 – Below average understanding of the role

5 – No understanding of the role.

**8. What are three things you want to possibly receive by participating in this mentorship group?**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

**9. Besides God, name up to three men that have been a mentor in your life. Using only one word, identify some wisdom each mentor successfully shared with you that impacted your life. If you have none, leave blank.**

- a. Mentor \_\_\_\_\_ Wisdom Learned \_\_\_\_\_
- b. Mentor \_\_\_\_\_ Wisdom Learned \_\_\_\_\_
- c. Mentor \_\_\_\_\_ Wisdom Learned \_\_\_\_\_

**COMMITMENT**

I, \_\_\_\_\_ (name), agree to the best of my ability to attend the opening and closing retreats, the bi-weekly group meetings, and the bi-weekly one-on-one personal coaching with Coach Dupins, and participate in the activities and assignments of the program.

Date \_\_\_\_\_ Name (please print) \_\_\_\_\_

Signature \_\_\_\_\_