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Recommended Workup List

The following list of tests and labs is suggested in order to rule out any medical conditions that might be contributing to cognitive impairment and/or mood instability.

Physical exam, including thorough neurological exam

Vital signs and weight

Review of medications and drug levels

Urinalysis and culture

Blood and urine screens for alcohol and drugs

Electrolytes

Liver, renal function tests

Complete blood cell count (CBC with differential)

Thyroid function tests (full panel)

FTA, VDRL [syphilis] (if risk factors)

Serum B12, folate, and D levels

Electrocardiogram

CT or MRI scan of head

PET scan, if appropriate