



Whether you're a novice cigar smoker or a cigar aficionado, smoking a cigar is a great way to unwind after a long day. However, with all the new FDA tobacco regulations in the cigar world, the significance of enjoying a good cigar could be hindered by two new pieces of legislation currently on Congress's table. So before you light your stick (Nickname for a Cigar), remember to be cognizant of the new FDA legislation regulating cigars, and to the people around you, because not everyone enjoys the smell of a good cigar.

If you live with non-smokers, it can be difficult to gauge the smells that others are experiencing from cigar smoking. Although it may be tempting to lock yourself away in an office or bedroom, never smoke in a closed area! You are more likely to inhale the toxic air from your own cigar. Make sure you have easy access to the window, find a well-ventilated area of your residence where you can smoke comfortably. Be aware of the fact that cigar smoke can leave a lingering residue in clothing, furniture, air ducts and even on the walls!

If possible, go outside to smoke. Pull up a lawn chair and relax on the porch, or any other open area where you can smoke comfortably. Get as far away as possible from non-smokers, especially children and the elderly, because cigar smoke contains many carcinogens that can be easily inhaled by non-smokers. Always be a courteous and respectful cigar smoker, in and outside of your home.

Remember you can smoke a cigar where it's legally permitted. Do not light up in a bar, hotel, or restaurant where smoking is clearly prohibited. A courteous cigar smoker will dispose of their ashes properly, whether enjoying a cigar inside or outside an establishment. Last tip about cigar ashes, if the ashes from a cigar fall onto your clothing, do not brush the ashes off with your hand... that will only spread the ashes into the fabric of the clothing. Two good methods to remove ashes from your clothing. The first method, stand up and shake the area of clothing where the ashes landed. The second method, gently blow the ashes off the affected area of your clothing, without using your hand. I recommend doing both, and make sure in both cases, that you do not spread the ashes that you are removing, to your neighboring cigar smokers.

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