

WHAT TO EXPECT AFTER CRYOSURGERY

- Today your physician used a freezing agent to destroy your skin lesion. This technique is common in treating a variety of skin lesions.
- Most patients experience little or no pain with cryosurgery, but if you do, please consult with your physician about medications that could be helpful (aspirin-adults only, ibuprofen or acetaminophen).
- If a large blister becomes present, your physician may drain the blister to relieve pain or discomfort.
- With a successful treatment, the treated area may blister, turn a dark brown or black, or form a crust/scab within a few hours or days. This is normal and part of the destruction and healing process.
- If a scab or crust forms, it is recommended that you not pick, pull or irritate the scab, and let it slough naturally. This should take approximately 7-14 days, depending on the skin lesion size, location and your healing ability.
- It's ok to shower, but try to keep the treated area as dry as possible.
- No bandage is necessary, but may be used to protect the healing lesion from injury or irritation. Try to leave the area open to air as often as possible to promote the crusting/scabbing process.
- Once the scab has sloughed, the new skin may be red, sensitive, or even itchy as it is healing. Do not bandage, irritate, or apply medications after the scab falls off. Normal skin color should return over a few weeks or months.
- Contact your physician if you have further questions or concerns.

Physician Name:

Contact Number:

Follow Up Date:



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