



## Program Menu

### **State Licensed & Certified A&D outpatient, Domestic Violence, DUI School & Mental Health Facility**

- ( ) INTAKE ASSESSMENTS: Anger, Domestic Violence, Drug & Alcohol, Parenting, Clinical or Mental Health Evaluation
- ( ) COUNSELING BY MASTER'S LEVEL THERAPIST: Working with Adults, Children, Couples, Families, Juvenile, Dual Diagnosis, Pre-marital, Divorcing Parents, Non Offending Parents, Trauma, Grief, Rape/Sexual Abuse, Addictions, PTSD etc.

### **State Certified BIP Programs - All deal with power, control, and the dynamics of healthy relationships.**

- ( ) 24 STEP MALE DOMESTIC VIOLENCE "Bringing Peace to Relationships" For male perpetrators of domestic violence.
- ( ) 20 STEP FEMALE DOMESTIC VIOLENCE "VISTA" This program is designed for female perpetrators of domestic violence
- ( ) 7 WEEK DYNAMICS OF DOMESTIC VIOLENCE "C.A.R.E.S" for victims of domestic violence.

### **State Licensed A&D Services - All vary in intensity levels & deal with all stages of addiction & recovery.**

- ( ) 6 HOUR A&D EDUCATION Juvenile "Prime for Life" Research based educational presentation.
- ( ) 12 HOUR DUI SCHOOL "Prime for Life" The mandated program to be used for State Licensed DUI schools
- ( ) 12 HOUR A&D PROGRAM "Prime for Life" not just for DUI - Research based educational program covering phases of addiction to drugs or alcohol, including marijuana.
- ( ) 12 OR 24 STEP A&D PROGRAMS "How to Escape Your Prison", "Living in Balance" and "Matrix" All three programs are tailored to meet client needs such as cooccurring or dual diagnoses. All focusing on accountability and accepting responsibility for one's choices as well as rebuilding a healthy life. For current use or as a relapse prevention.
- ( ) 12 OR 24 STEP DIAD or IOP PROGRAMS "Daily Intervention Alcohol & Drug" or "Intensive Outpatient Program" Both combine programs such as "Living in Balance" "Prime for Life", "How to Escape Your Prison", "Matrix" AA, NA or Celebrate Recovery meetings, one on one counseling, daily journaling, and daily check-in. Tailored to each client's needs. The IOP is 3 hours 3 times a week..

### **Parenting**

- ( ) 3 HOUR PARENTING CLASS & EVALUATION "Responsible Parenting" One class after an intake and getting book that's completed prior to class. After class a posttest is given and a report is generated with recommendations or referrals if needed.
- ( ) 8 to 12 STEP PARENTING CLASSES "Partners in Parenting" or "Parenting & Family Values". as well as individual session for specific issues. All help parents learn new skills.

### **Accountability**

- ( ) FIRST OFFENDER'S "U-Turn" A 3-hour class on honesty, acceptance, & accountability. For theft, shoplifting or bad checks
- ( ) TARGETED PROGRAMS to address most topics including, but not restricted to **Social Media Addiction, Respect, Sexting, Smoking, Rebellion, Run Away, or Communication**. During required intake the client will get a book that is completed prior to class. After class a posttest may be given and a report may be generated with recommendations or referrals if needed.
- ( ) 8 STEP FINANCIAL RESPONSIBILITY "Responsible Living" For people with bad checks or money management issues
- ( ) 8 & 16 STEP CHARACTER DEVELOPMENT Builds willpower & self discipline. Most intensive program for first offender
- ( ) 8 STEP ANGER MANAGEMENT "Coping With Anger" for persons with obvious difficulty dealing with anger (**non-domestic**)
- ( ) 12 step REPEAT OFFENDERS "How to Escape Your Prison" also known as the Standard MRT program. For anyone with chronic misdemeanors, particularly those who have been resistant and unsuccessful in various other programs.

### **Most Insurance Accepted**

**Workbooks:** 8 Step Book = 15.00 12 & 24 Step Book = 30.00

**Registration/Orientation, or Classes without insurance (out of pocket) Adult** - 20.00 each **Juvenile** – 25.00 each

**Therapeutic Counseling:** Individual or Family 140.00 (1 hr) ~ 60.00 (½ hr) **Communication Facilitation:** 35.00 to 45.00

**DUI / Prime for Life** 145.00 w/book - 85.00 for 6 hr juvenile version - Personalized up to 300.00

**DIAD** (Daily Intervention Alcohol & Drug) 50.00 per week **IOP** (Intensive Outpatient Program) 300.00 a week or sliding scale

**Life Skills, Coaching or Intensive:** 80.00 Hr. **Responsible Parenting** - 85.00 w/book **U-Turn program** - 65.00 w/book

**Assessments:** - Drug & Alcohol, Anger, Domestic Violence, Clinical/Mental Health Evaluation, & Parenting – 65.00 ea.

**Average program cost:** 8 Step programs - Adult 195.00 Juvenile 240.00 12 Step programs: Adult 290.00 Juvenile

355.00 24 Step program: \$530.00 **Targeted Programs** - 65.00 to 85.00 each

All classes may be paid on a class by class basis.- (Discount if paid in advance)

Prices, locations and services are subject to change

**For services in Dickson, Cheatham, Davidson, Montgomery, Wilson and surrounding Counties,  
call our Dickson Office 615-740-7100**