DON'T WISH FOR IT...WORK FOR IT

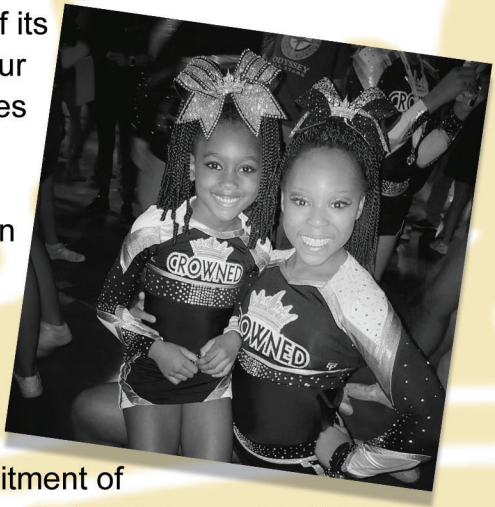
CROWNED Elite ATHLETICS

2017-18 ALL-STAR GUIDE

Welcome to Crowned Elite Athletics!

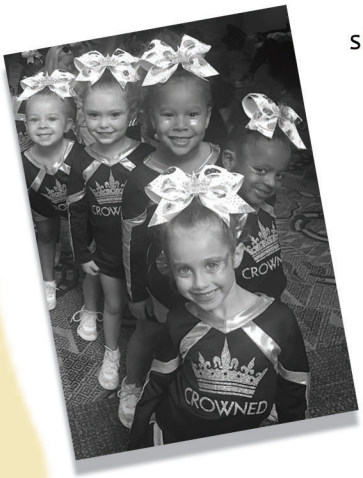
We believe that hard work always pays off, and everyone has the ability to become an "Elite" athlete. We are not simply determined to teach the art of cheerleading, but also respect for teammates, competing gyms, and the global community. We feel that cheer is more than just a sport! It creates long-lasting friendships, and teaches kids valuable lessons in teamwork and sportsmanship. Being a part of Crowned Elite Athletics is more than simply joining a team; it is the building of a family.

Crowned Elite Athletics has been designed to meet and exceed the needs of its growing cheer family. We urge our members to challenge themselves to reach new abilities, aided by the most dedicated staff in the industry. By focusing on precision and technique, in both tumbling and stunting, along with an emphasis in fitness and conditioning, our athletes will be trained for success. Crowned Elite Athletics maintains a commitment of excellence in developing well-rounded athletes and individuals, with a motto of: "Sportsmanship, Character, and Integrity".



If the CROWN fits...

TRY-OUTS
April 29-30



TEAM TRY-OUTS AND PLACEMENTS

Our annual evaluation / try-out sessions are set up to provide athletes with the ability to showcase skills they have developed, as well as their potentional to learn new skills. They are given numerous oppotunities to show their individual abliities as well as their ablity to work in groups.

Immediatly following the session, our coaching staff will create our upcoming team rosters. The teams will be assembled so that each team will have the best possible chance at a successful competitive season.

TEAM RESULTS:
MAY 1ST

The 2017-18 Season will start May 1 for all athletes. New athletes will attend skills classes, while returning athletes with bids will train with their 16-17 teams for D2 Summit. After D2 Summit all 17-18 teams will begin normal practice schedules.

Our teams practice between 1-3 times per week, depending on their age and skill level. Once practice times are set, they generally remain consistent throughout the season. During competition season, addtional practices may be scheduled.

...Wear IT

TUMBLING BY LEVEL

	STANDING	RUNNING
LEVEL 1	**forward roll** **backward roll** **cartwheel** *level appropriate* hand stand forward roll back walkover front walkover walkover *advanced* mulitple back walkovers	**round-off** walkover hand stand forward roll back walkover front walkover mulitple back walkovers
LEVEL 2	**back handspring (bhs)** back walkover bhs walkover bhs	**round-off bhs(s)** front walkover to round-off bhs(s)
LEVEL 3	**standing 3 bhs** **jump connected to 1 bhs** bhs tuck standing bhs stepout roundoff jumps to mulitple bhs	**round-off back tuck** **round-off bhs tuck** aerial punch front front walkover to round-off bhs tuck aerial pause round-off bhs tuck punch front pause round-off bhs tuck
LEVEL 4	**standing back tuck** **standing bhs tuck** **jumps connected to a bhs tuck** standing bhs(s) to layout standing bhs(s) to whip to layout jump bhs(s) to layout jump bhs(s) to whip to layout	**round-off layout** **round-off bhs** **layout** whip to layout round-off bhs whip punch layout front handspring punch front to round-off bhs layout

TUMBLING BY LEVEL

	STANDING	RUNNING
LEVEL 5R	**jump tuck combination** **standing bhs(s) to full** jumps bhs(s) to full front walkover round-off bhs full	**round-off bhs full** **front walkover** **round-off bhs full** front walkover round-off bhs full punch front round-off bhs full whip to full round-off arabian pause round-off bhs full
LEVEL 5	**jumps to tuck combination** **jumps to bhs full** standing full jump to standing full standing bhs(s) to double full jump standing bhs(s) to dbl full standing bhs(s) to whip punch dbl full	**punch front round-off bhs full** **round-off bhs whip to full** round-off bhs double full punch front round-off bhs to double full whip to double full

USASF ALLSTAR AGE DIVISIONS

athlete age cut off date 8/31

tiny exhibition	3-6 years old
tiny	5-6 years old
mini	5-8 years old
youth	6-11 years old
junior	8-14 years old
senior (level 1 - 5R)	11-18 years old
senior 5	12-18 years old

All Star Tumbling Class
Complimentary, weekly, hour long class provided to youth, juniors, and seniors.
This private class is for all star athletes only.

PRACTICE	
Tiny	1 hr, 1x per week
Mini	1 hr, 2x per week
Youth/Junior	2 hr, 2x per week
Senior	2 hr, 3x per week

ATTENDANCE

Practice for All Star athletes of every level is mandatory as each athlete plays a role on each team. At Crowned Elite Athletics we take our attendance policy very seriously. Athletes will be given an alotted number of excused absences. Absentee forms must be turned in and approved in advance. If athlete exceeds approved number or absences or misses a practice without approval, they may forfeit their team spot.

COMPETITIONS

Tentative competition schedule will given out at parent meeting. Competition schedule will be finalzed in August/September.

	1 Day	2 Day	
Tiny (exhibition)	3-4	-	
Mini (prep)	3-4	-	
Youth	3-4	4	(will attend ATL Cheersport)
Junior / Senior	3-4	4	(will attend NCA Dallas)

does not include any Summit events

SAVE THE DATE

MANDATORY

PARENT MEETING / ATHLETE SIZING

SUNDAY, MAY 21

A parent/guardian from each family **MUST** attend this meeting. Athlete attendance is **mandatory** as a Varsity Rep will be onsite to properly size each athlete for practice wear, warm-ups, uniforms and shoes.

2017-18 Financial Information

EVALUATIONS / TRY-OUTS

April 29 - 30

		Cost
11am - 12 pm 6 and under	Returning Athletes	$40
12pm - 2 pm 7 and over	New Athletes	$45
Private Evaluations by appointment only	Private Evaluations	$65
	all evaluations after May 1	$75

MONTHLY TUITION / BOOSTERS

Tuition (12 months) 1st of each month May 1 - April 1
Boosters (11 months) 15th of each month June 15 - April 15

	TUITION	BOOSTER
Tiny (exhibition)	$ 50	$ 75
Mini (prep)	$ 100	$ 75
Youth/Junior	$ 140	$ 139
Senior	$ 160	$ 139

*male tuition - 50% off mini/tiny, $100 off yth/jr/sr

BOOSTER FEES

all team booster fees include:

- competition fees
- coaches fees
- competition uniform
- practice and comp bow
- competition make up
- end of year banquet

SUMMER CAMPS

- Tiny / Mini / Youth will attend local summer camps
- Juniors / Seniors will attend Top Gun AllStars training facility in Miami, FL. Cost includes training, bus transportion, coaches fees and hotel *optional youth attendance

PRACTICE WEAR

- Tiny / Mini - 1 set (top/bottom)
- Youth / Junior / Senior - 2 sets (2 tops / 2 bottoms)

OTHER COST (estimated):

- Annual Registration (May) $ 50
- Summer Camp (due May)
  - Tiny $ 50
  - Mini $ 75
  - Youth $ 100
  - Junior/Senior $ 250
- Practice Wear (due June)
  - Tiny/Mini $ 60
  - Youth/Junior $ 105
  - Senior $ 115
- Choreography/Music (due July)
  - Tiny/Mini $ 150
  - Yth/Jnr/Snr $ 300
- USASF Membership (Aug) $ 30
- Athlete Shoes (Sept) $ 100
- Dallas Fees (Practice / Vans) $ 65
  *Junior/Senior teams only

Note: Additional Choreo ($30 per session) and/or additional competitions may be added to the schedule. Total cost likely under $200

Only the best get

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Elite

ATHLETICS

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