



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BAKED CITRUS TILAPIA 1 RICE PILAF BROCCOLI STRAWBERRIES RAISIN NUT CUP MILK	BEEF TACOS 2 W/ LETTUCE, TOMATO, CHEESE, SALSA, & SOUR CREAM BLACK BEANS STRAWBERRIES YOGURT MILK	MEATBALLS 3 W/ MARINARA SAUCE PASTA GREEN BEANS ALMONDINE STRAWBERRIES BREAD STICK LOW SODIUM TOMATO JUICE MILK	CHICKEN PICCATA W/ 4 PASTA AND SAUCE CREAMED SPINACH LIMA BEANS MANDARIN ORANGES MILK	SANDY'S CHICKEN CHILI 5 BROCCOLI W/ CHEESE TORTILLA CARROT RAISIN SALAD APPLESAUCE MILK
SWEET AND SOUR PORK 8 BROWN RICE ORIENTAL VEG W/ ALMONDS EGG ROLL ASPARAGUS SOUP BANANA MILK	SALMON W/ LEMON & DILL 9 SUCCOTASH MUSHROOM RISOTTO BUTTERNUT SQUASH SOUP APPLE MILK	BEEF BOURGUIGNON 10 MASHED POTATOES SQUASH MEDLEY BROCCOLI PEANUT SALAD APPLE FRUIT CUP MILK	PORK LOIN 11 W/ MUSHROOM SAUCE BLACK BEAN & LENTIL SOUP ROASTED SWEET POTATOES ROASTED BRUSSELS SPROUTS PINEAPPLE MILK	SLOPPY JOE 12 CARROTS COLESLAW APPLE YOGURT MILK
BLT SANDWICH 15 ITALIAN VEGETABLE SALAD TOMATO BASIL BISQUE COCONUT CRUNCH FRUIT SALAD MILK	CHICKEN POT PIE 16 LIMA BEANS STRAWBERRIES YOGURT MILK	CHICKEN MARSALA 17 ITALIAN VEGETABLES MINISTRONE SOUP ROASTED RED POTATOES ORANGE MILK	YANKEE BEEF POT ROAST 18 POTATO MEDLEY W/ GRAVY MAPLE GLAZE CARROTS MANDARIN ORANGES W/ YOGURT RAISIN NUT CUP MILK	PEPPER STEAK 19 BROWN RICE SUCCOTASH ROLL STRAWBERRIES YOGURT MILK
CHICKEN SANDWICH 22 W/ AVOCADO, LETTUCE & TOMATO COLE SLAW APPLE FRUIT CUP MILK	BEEF STROGANOFF 23 PASTA CREAM OF ASPARAGUS SOUP ROASTED BRUSSELS SPROUTS ROLL PEACHES MILK	PORK RIBS 24 BAKED BEANS CALIFORNIA VEGETABLES POTATO SALAD MELON CUP MILK	CHICKEN ALFREDO 25 PASTA SQUASH MEDLEY GARBANZO TOMATO SALAD STRAWBERRIES MILK	BEEF CHILI W/ CHEESE 26 BAKED POTATO SOUR CREAM TOSSED SALAD W/ DRESSING GRAPE CUP MILK
MAY 2017	BBQ CHICKEN 30 POTATO SALAD GARBANZO TOMATO SALAD CREAM OF MUSHROOM SOUP MANDARIN ORANGES MILK	HAMBURGER 31 W/ LETTUCE, TOMATO, ONION PINTO BEANS COLESLAW SPICED PEACHES MILK	 <p>SILVER KEY</p> <p>MEALS ARE PARTIALLY FUNDED BY THE PIKES PEAK AREA AGENCY ON AGING</p>	 <p>GOLDEN CIRCLE NUTRITION PROGRAM</p> <p>Serving LUNCHES to the Elderly</p> <p>LEARN MORE ABOUT GCNP AT WWW.SILVERKEY.ORG UNDER "PROGRAMS" LMS 4/16/17</p>

MAKE A RESERVATION BY CALLING 884-2304 BY 2:00 P.M. THE DAY BEFORE YOU WANT A MEAL. PLEASE MAKE SURE YOU STATE THE SITE LOCATION WHERE YOU WOULD LIKE TO DINE AND THE NUMBER OF MEALS YOU WOULD LIKE TO RESERVE. ☺

Menu substitutions may occur without notice. Diners are advised to keep a three-day supply of non-perishable foods and bottled water in case of inclement weather or other emergency that may cause a temporary suspension of service.