

Nutty Chocolate Crispies

Prep Time

5 minutes

Prep Notes

n/a

Cooking Time

5 minutes

Yields

12 servings

Ingredients

1 cup date syrup or brown rice syrup

1/2 cup almond butter

1/2 cup barley malt sweetened chocolate chips or chocolate chips of your choice

3 cups brown rice crispies cereal

Directions

1. Grease a baking dish with neutral flavored oil (or butter if preferred).
2. Add the syrup and almond butter to a large skillet.
3. Heat over low heat until creamy.
4. Stir to combine well.
5. Stir in the chocolate chips until they melt.
6. Remove from heat and stir in rice crispies.
7. Gently press into a baking dish and allow mixture to set until firm (about 30 minutes).
8. Cut into squares and enjoy!

Notes

You can substitute other types of baking chips (like white chocolate or toffee) for a different flavor. Be aware that different baking chips may lead to slight variations in texture.