

**Grip it Lightly**

The vast majority of golfers grip the club too tightly. A tight grip will not allow the club to release with any speed and leads to a swing that seems to muscle the ball instead of whipping the club through impact. On a scale of one to ten, with ten being a death grip, try to hold the club at three. At first you will think that you will lose the club, but a light grip is all you need and the club will stay in place for the swing. If you swing with a very light grip you will notice that the club releases very fast through impact. This will generate more club head speed. Touring professionals all use a light grip to get the great distance by accelerating through impact and just letting their hands flow freely when they swing. You can do it too!