



Rhythm Strategies **Developing and Refining Rhythmic Skills**

Bob Phillips

1. Movement Sequences
2. Counting Syllables
3. Rhythm Sequences
 - a. Modeling and echoing
 - b. Associating and responding
 - c. Rhythm reading by bar
 - d. Rhythm reading by phrases
4. Specific Rhythm Problems
 - a. 4/4 pulse drone, subdivision drones
 - b. Syncopation
 - c. 3/4 feeling in 1
 - d. 6/8 feeling in 2
 - e. 6/8 feeling in 6
5. Special Problems
 - a. Dotted quarter and eighth notes
 - b. Long notes
 - c. Subdividing
 - d. Rests
 - e. Ties
 - f. Long to short and short to long
 - g. Bowing and articulations
 - h. Accompaniment patterns
6. Bowing Fluency and Rhythm
 - a. Parts of the bow
 - b. Starting points
 - c. Playing in parts of the bow
 - d. Symmetrical even length bowing patterns
 - e. Asymmetrical un-even length bowing patterns
 - f. Playing and moving to different parts of the bow
 - g. Engaging the whole arm, forearm, wrists, hand, and fingers
 - h. Z Bowings
 - i. Slurs, louré, and portato bowings
 - j. Hooked bowings – legato
 - k. Hooked bowings -staccato
 - l. Two-string crossings, three-string crossings
7. Ensemble Rhythm Games
8. Resource: *Sight-Read It for Strings*, Dabczynski, Phillips, and Meyer, Alfred Music