

Annual Report and Accounts
for
Friends of Amani Tanzania
Registered Charity Number 1114281
Year Ending – 31 December 2015

Charity Registered Address

**Jaycroft, Elm Lane
Lower Earley
Reading RG6 5UG**

Trustees

Professor Ken Spours (Chair)

Leslie Green (Treasurer)

Bridget Green (Secretary)

Simon Brewer

Edward Holden

Alice Harvey

Catherine Swanson

Kathryn Tudor

Rachel Derry

Bank Details

Royal Bank of Scotland

Brunel House

17-27 Station Road

Reading RG1 1LG

Account No: 10201087

Sort Code: 16-29-25

Trustees' Report

The Board of Trustees of Friends of Amani Tanzania (the Charity) present their annual report for the year ended 31 December 2015 under the Charities Act 1993, together with the financial statements for that year which have been subject to independent examination.

Governance

The Charity was formed in 2005, made its Declaration of Trust on 24 March 2006 and obtained registered charity status on 18 May 2006.

The Trustees are obliged to hold at least two ordinary meetings a year.

In 2015 the Trustees met on:

- 20 February (conference call)
- 5 June (conference call)
- 23 October (conference call)

The Trustees apply the income of the charity in furthering the following objectives:

- The relief of financial hardship in Tanzania, in particular for supporting the work of the Amani Centre for persons with mental disabilities.
- To advance the education of people in Tanzania, in particular those with disabilities.

Professor Ann Hodgson retired as Trustee in October. Trustees extend their heartfelt thanks for all the hard work Ann has contributed to the Board and thanked her for the continuing financial support given to the charity.

Trustee Visits

There were two Trustee visits to Amani during the year:

- April 2015 by Professor Ken Spours
- Sept 2015 by Leslie and Bridget Green.

About Amani

Located in the Chamwino area of Morogoro, the Amani Centre for Persons with Disabilities is a non-profit making organization that educates and empowers mentally and physically challenged children and youth. Established in 1992 by Josephine Bakhita, Amani has over the last 23 years grown to become a major social partner in the Morogoro area. It aims in the future, with the support of its friends in the UK and The Netherlands, to become a model NGO promoting awareness about disability, services for the disabled and broader partnerships for education and care across Tanzania as a whole. In 2012 the Director, Father Beatus Sewando, began a programme of restructuring to ensure the future sustainability of the Amani Centre. He was ably supported in this task by Judi Stewart and Guy Cowley who have substantial experience in management and finance in third sector organisations. They helped develop a new strategic plan for Amani, providing professional advice on areas such as project management, finances, staffing levels, redundancy terms and job descriptions. During 2011 and 2012 they made regular visits to the Amani Centre and kept in constant contact both with Father Beatus Sewando and the Trustees. We are very grateful for the excellent work they undertook.

Presently the Amani Centre:

- employs over 30 workers in a society suffering from structural unemployment and gains additional support from both international and local volunteers;
- has developed an infrastructure comprising three centres - Amani Centre in Morogoro, the Mvomero Farm and Training Centre, and Mikese Farm and Vocational Centre;
- undertakes community-based rehabilitation for mentally disabled children – over 5,000 currently receive either primary health care and education at the Amani Centre, at its outreach stations or in the wider community;
- seeks to improve the quality of life of more than 5,000 disabled people identified through the continued efforts of Amani awareness groups throughout the Morogoro District;
- educates the young staff who work at the Centre and supports the work of volunteers;
- supports the elderly in terms of both physical well-being and appropriate social activities.

Below is a summary of achievements by Friends of Amani Tanzania for the financial year ending 31 December 2015.

Fundraising

The Charity raised £22,367 in its tenth year. The decrease of over £10,000 on the previous year demonstrates how important a school such as Dame Alice Owen School can play in providing income to Amani. Barbara Bristow's efforts in conjunction with colleges in Bristol made a big difference in funding the Tractor project.

The Charity has five major strategies for fundraising and awareness raising:

1. Educational partnership and support.
2. Harnessing the good will of UK Amani volunteers.
3. Events and initiatives.
4. Regular giving and gift aid.
5. Corporate donations and bids to charities.

Examples of each are given below:

1. Educational partnership and support

The Charity has developed a range of important partnerships with schools, colleges and more recently with universities. These initiatives, examples of which are outlined below, continued during 2015. Perhaps as importantly, the number of young people whose awareness of poverty and educational circumstances in Tanzania has been raised by the work of the Charity is immeasurable. The hope is that those young people in the UK who are involved in either fundraising or visiting the Amani Centre will continue to be committed to its work in the future, having learned a great deal in the process. In addition, the links with schools, colleges and universities in the Morogoro and Mvomero regions of Tanzania will not only lead to better resourcing for these institutions, but also to visits for some to the UK.

In previous years the Amani Centre has hosted a number of UK physiotherapy volunteers who have provided enthusiastic voluntary support to the resident physiotherapist while gaining experience of working with disabled children in a less developed country.

In 2015, student volunteers from the University of Liverpool visited the Centre on an elective placement, which counts towards their course. The courses that the volunteers are studying are predominantly physiotherapy and occupational therapy, and their contribution is towards the Community Based Rehabilitation activities in particular. For example, the Liverpool School of Health Sciences

liaises directly with the Amani Centre in advance of the students' arrival so that supervision arrangements for the elective placements are understood at Amani.

All student volunteers have spoken highly of their experience on their return whilst offering valuable constructive feedback on how certain procedures may be organised with greater efficiency. A volunteer legacy for Amani Centre and FOAT is the regular giving by those who are able. One such previous volunteer, Rachel Derry, who has visited three times and provided excellent service to the physiotherapy suite, has since become a Trustee of the charity.

City of Bristol College and Dame Alice Owen School, both of which have sent groups of young people to the Amani Centre in the past, have continued their active partnership with the Amani Centre, raising considerable funds for the charity and for local schools and future visits are being planned.

2. Harnessing the good will of UK Amani volunteers

Several of the former Gap Year students and other young people who have undertaken voluntary work at the Amani Centre have gone on to retain links with Amani and to fundraise for the Charity. Edward Holden, Alice Harvey and Rachael Derry have become Trustees of the Charity and have been active in supporting the Amani volunteers' network and the Child Sponsorship scheme.

New volunteers and supporters, often with professional and medical skills, come forward each year either via the former volunteers' universities or places of work, or through the Facebook web pages of Friends of Amani and the Amani Centre itself. While this is something that the Charity is keen to support, we recognize the need both for the young people to play an active and constructive role, and for the Amani Centre to provide relevant project work for them to undertake. This has not always been the case, so the Trustees updated the guidelines for these visits to ensure that they are productive for both parties. We are fortunate to be supported in this work by Cathy Swanson, who is resident in Morogoro and regularly visits the Amani Centre, to provide an independent view of Amani activities and to act as an informal mentor and medical adviser to volunteers.

3. Events and initiatives

The Trustees themselves have organized and/or participated in a range of fundraising initiatives and events, including a number of card and cake sales and sponsored events, such as marathons, and encouraging friends and family members to become regular donors. There was no activity via Just Giving this year, but a new fund raising page has been setup for an event in May 2016.

4. Regular giving and gift aid

This year we collected £6,440 (an increase of £1,500 on last year) from regular donations including the child sponsorship. We currently have 20 regular monthly givers and a further four annual givers who support the Child Sponsorship scheme. The child sponsorship scheme raised £1,895. The trustees have tried to ensure that regular givers and as many donors as possible, sign gift aid declarations in

order to maximize the income to the Charity. This year the Charity received a tax rebate of £3,001, an increase of £697 on last year.

5. Corporate donations and bids to charities

Trustees and volunteers have worked hard to present their work to companies who might be interested in donating to the charity. In 2015, the Brewer Foundation, a regular donor to the charity provided £1000 for Community Based Rehabilitation. A bid has been submitted to St James Place Charitable Foundation and a favourable outcome is expected in 2016.

Projects supported in 2015

The following projects were supported during 2015:

1. Community-based rehabilitation work and economic sustainability projects at the Amani Centre.

A total of £22,357 was donated to the Amani Centre in 2015. This was primarily directed towards the core mission of the Centre – i.e. community-based rehabilitation (CBR). Funds were thus sent for the physiotherapy department, a central focus of this work, and general funds for CBR work to be used at the discretion of the Director (total: £10,216), which provides a valuable source of income for the Amani Centre. The medical/social funds for disabled children which are used to encourage parents to support their children in terms of exercise and healthy eating received £1,533, and £500 was given for the transport costs of CBR. In addition, £2,050 was given to the Amani Centre through the Child Sponsorship Scheme with an agreement that it should be spent to benefit all the children at the Amani Centre, not just a named sponsored child.

There are currently 20 children who reside at Amani and are part of the child sponsorship scheme. A total of 11 of these children have regular sponsors who give £15 per month. Six sponsors provide a Direct Debit every month and five sponsors provide an annual payment of £180. This provides a source of regular income to support the children who reside at Amani Centre. All money from this is collated and used to support all 20 children, through food, clothing and medicines. All sponsors are encouraged to gift aid their donations. Trustee Rachel Derry monitors the child sponsorship scheme and communicates with the sponsors, whilst encouraging new sponsors. Rachel communicates frequently with a volunteer staff member at the Amani Centre in order to obtain regular updates about the children, ensuring the child information is maintained and kept up-to-date. A further two children will be sponsored starting in January 2016.

Each year the Friends of Amani Tanzania charity pays towards the costs of a large community Christmas Party at the Amani Centre, which not only raises awareness in the community of issues of disability and the work of the Centre, but also serves as a way of thanking volunteers and the increasing number of local donors for their generosity. In 2015, £100 was donated for the party.

Funding is also provided to support a range of economic sustainability projects both agricultural and enterprise that involves members of the Amani staff developing their leadership capacities to provide sources of income that reduces dependency on overseas donors. In 2015 there was a greater emphasis on these projects than in previous years. £5,425 was donated towards the purchase of a Tractor for Amani. The fundraising for the majority of this amount was received through the efforts of Barbara Bristow and her contacts at City of Bristol College.

2. School Fees for young people

The Amani Centre provides a home for able-bodied young people from some of the most rural areas in the surrounding district and pays for their education. In return, these young people assist in the care of the disabled youth at Amani. In 2015, supporters of Friends of Amani donated a total of £1,985 towards the education of some of these young people. This sum included a commitment to one child in particular (£725) who is sponsored through the Charity and for whom the Amani Centre received an administrative fee of £50.

3. Assistance for elderly people

Supported by the Charity, the Amani Centre has been working in partnership with the Diocese of Morogoro to improve the quality of life of the 40 destitute elderly people at Funga Funga. The Diocese and local authority have now taken over responsibility for this project. In addition, £250 was made available to the Elders in Mvomero to support them in their social and educational activities at the Amani Centre.

4. School projects

This year a further £170 was provided towards the repair costs of running the school for the deaf and those with special needs at Mvomero. Emmanuel Elias, who heads the new school, is also employed by the Government at Morogoro Secondary School as a special needs teacher and will, in the future, be supported by the Government to work at Amani.

5. Partners in World Mission

During 2015, Leslie and Bridget Green have continued working to bring together members of the Anglican and Roman Catholic Diocese of Morogoro in their work to support people with disabilities and orphans. Following a bid to the Oxford Anglican Diocese Partnership in World Mission, funding totaling £3,850 was given to provide a number of training seminars to take this work forward and upskill the staff at the Amani Centre and Berega Orphanage. The joint working seminars have started in 2015 and will lead to an action plan of work for 2016.

Future Plans

1. Continue to support Amani's core mission of Community Based Rehabilitation for disabled children and young people through the work at Amani, Mikese and Mvomero centres, including:
 - donating to the medical, social and travel fund, and
 - monitoring the results of the restructuring of the organization on the Centre's CBR work.
2. Continue to encourage volunteers to visit and work on projects within the Amani Centre, using the revised set of guidelines to make these visits more productive for both parties.
3. Build on the solid work that has been undertaken both by FOAT Trustees and volunteers at the Amani Centre, to widen the reach of the Charity through developing the website and other forms of social media.
4. Direct support for a range of small-scale and sustainable projects that both improve the nutrition of those living at the Amani Centre and also bring in much needed income. The projects started in 2015 include livestock initiatives at Mvomero, Mikese and Chamwino, together with the further development of the Amani Café and eco-tourism projects.
5. Continue to lobby local authorities and education institutions to expand links between schools, colleges and universities in the UK and Tanzania, to raise the profile of the educational and financial needs of the Tanzanian education and training system, and to promote joint work and exchange visits.
6. Encourage our contacts to become regular donors through direct debit/gift aid and to support the Child Sponsorship Scheme.
7. Continue to support the elderly associated with the Amani Centre.

Financial Review for the Year

The financial position of the Charity at the end of its tenth year of operation is satisfactory, when considering the economic situation worldwide. Interest in the work of the Charity has slowly increased but this year the financial support from Dame Alice Owen school was less than 10 per cent of last year. Support for the Tractor Project due to the efforts of Barbara Bristow raised over £5,400. Once again the Trustees have been encouraged by the extent of charitable giving received from:

- Trustees' personal friends and family.
- Local organisations known to the Trustees.
- Young people who have been volunteers at the Amani Centre.
- A number of schools and colleges eager to support the work of the Amani Centre and establish future links with the local schools in the Morogoro region. Several of the schools and colleges have given directly to the Amani Centre and local schools both financially and in goods; these details do not form part of these accounts.

Support from the Corporate sector has remained the same as last year.

Income for the year was £20,991.

Expenditure included:

- £22,357 which was distributed to the Amani Centre as summarised in the financial statement;
- expenses, including bank charges for transferring monies to Tanzania, of £138 (0.6% of expenditure).
- Just Giving and Conference calls for 2013 and 2014 totalling £627 were paid

Just Giving and Conference calls for 2015 totalling £322 are yet to be paid.

There was a deficit of income over expenditure of £2,453 for the year (surplus of income for the year 2014 was £2,126).

The Balance sheet at 31st December 2014 showed a cash asset of £1,512.

Over £12,500 was donated by individuals who pay UK tax and under the gift aid scheme this tax will be reclaimed on these donations in 2016.

Friends of Amani Tanzania Charity No: 1114281

Statement of Financial Activities for the year ended 31 December 2015

INCOME	2014			2015		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Regular Giving (incl' school fees)	2,484	1,225	3,709	2,980	1,565	4,545
Child Sponsorship Scheme	0	1,260	1,260	0	1,895	1,895
Card & Cake Sales	1,383	0	1,383	670	0	670
Bristow Initiatives	0	0	0	0	5,768	5,768
City of Bristol College	550	1,500	2,050	0	0	0
Charity Donation	2,582	475	3,057	3,662	0	3,662
Gift Aid Tax Rebate	1,128	1,176	2,304	1,842	1,162	3,004
Interest Income	5	0	5	22	0	22
Social Fund	0	950	950	0	600	600
Dame Alice Owen School	7,276	0	7,276	825	0	825
Money Transfers inc World Mission	50	4,575	4,625	0	0	0
Just Giving (net)	5,941	0	5,941	0	0	0
TOTAL INCOME	21,399	11,161	32,560	10,001	10,990	20,991
EXPENSES						
Sundry Expenses	0	0	0	627	0	627
Bank Charges	191	0	191	138	0	138
Donations	19,525	10,400	29,925	10,798	11,559	22,357
Creditors	318	0	318	322	0	322
TOTAL EXPENSES	20,034	10,400	30,434	11,885	11,559	23,444
NET INCOME - EXPENSES	1,365	761	2,126	-1,884	-569	-2,453
Funds brought forward	-94	1,306	1,212	1,271	2067	3,338
Previous years creditors paid off	0		0	627	0	627
TOTAL FUNDS CARRIED FORWARD	1,271	2,067	3,338	14	1,498	1,512

Friends of Amani Tanzania Charity No: 1114281

Balance Sheet as at 31st December 2015

	2014	2015
	£	£
ASSETS		
Cash and Bank Accounts:		
Friends of Amani Tanzania	3,964	1,883,833
Less:		
Creditors	627	322
TOTAL NET ASSETS	3,337	1,512
FUNDS		
Unrestricted funds: general reserves	1,270	14
Restricted funds	2,067	1,498
TOTAL LIABILITIES & EQUITY	3,337	1,512

Friends of Amani Tanzania Charity No 1114281

Notes forming part of the Financial Statements

1 Accounting Policies

- (i) Income and expenditure is accounted for on a receipts and payments basis.
- (ii) Funds accounting
Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees
Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.
Restrictions arise when specified by the donor, or when funds are raised for particular restricted purposes.

2 Grants Paid in the year to 31 December 2015

	£
Amani CBR	8,055
Amani General Funds inc. staff training and operating costs	2,584
Amani Social Fund	1,310
Child Sponsorship	2,050
Wheelchairs	400
Tractor Project	5,466
Mvomero Elders	250
Mvomero SEN School	257
School Fees	1,985
<hr/> TOTAL	<hr/> 22,357

Approved by the Board of Trustees:

Ken Spours
Chairman

Date

Independent examiner's report to the trustees of Friends of Amani Tanzania

I report on the accounts of the Trust for the year ended 31st December 2014, which are set out on pages 11 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the Commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Nigel Gowing

Fellow of the Institute of Chartered Accountants in England and Wales

10 Loyd Close Abingdon Ox14 1XR

23rd September 2015