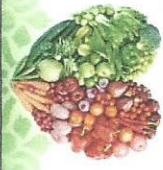


A Blessed Child Daycare Week 2 Spring/Summer Menu Cycle

	Monday		Tuesday		Wednesday		Thursday		Friday	
	Food Item	Age 1-2	Food Item	Age 1-2	Food Item	Age 1-2	Food Item	Age 1-2	Food Item	Age 1-2
 Breakfast - 8:00 AM Fruit or Juice	Blue Berries	1/4 cup	Applesauce	1/4 cup	Sliced Banana	1/4 cup	Sliced Strawberries	1/4 cup	Sliced Banana	1/4 cup
		1/2 cup		1/2 cup		1/2 cup		1/2 cup		1/2 cup
Grains / Bread	Mini Bagel	1 ea	French Toast	2 ea	Multi Grain O's	1/2 cup	Waffle	1/2 ea	Multi Grain O's	1/2 cup
		1 ea		3 ea		1/2 cup		1/2 ea		1/2 cup
Milk	Milk	1/2 cup	Milk	1/2 cup	Milk	1/2 cup	Milk	1/2 cup	Milk	1/2 cup
		3/4 cup		3/4 cup		3/4 cup		3/4 cup		3/4 cup
AM Snack - 10:00 AM	Cheese Crackers	8 ea	Butter Crackers	4 ea	Pretzels	6 ea	String Cheese	1 ea	Cheex Mix	1/2 cup
		8 ea		4 ea		6 ea		1 ea		1/2 cup
*#1 Component	100% Apple Juice	1/2 cup	Milk	1/2 cup	100% Apple Juice	1/2 cup	Saltine Crackers	4 ea	100% Apple Juice	1/2 cup
		1/2 cup		1/2 cup		1/2 cup		4 ea		1/2 cup
Lunch - 12:00 Noon	Mac-n-Cheese with added Cheese	1/2 cup	H. M. Beef and Rice Casserole	1/2 cup	Chicken Nuggets	4 ea	Baked Turkey Burger	1 oz	Fish Sticks	4 ea
		3/4 cup		3/4 cup		6 ea		1 1/2 oz		6 ea
Meat / Meat Alternate	Green Beans	1/8 cup	Corn	1/8 cup	Mixed Vegetables	1/8 cup	Toss Salad	1/8 cup	Carrots	1/8 cup
		1/4 cup		1/4 cup		1/4 cup		1/4 cup		1/4 cup
Vegetable/Salad	Mixed Fruit	1/8 cup	Pears	1/8 cup	Mandarin Oranges	1/8 cup	Peaches	1/8 cup	Pineapple	1/8 cup
		1/4 cup		1/4 cup		1/4 cup		1/4 cup		1/4 cup
Fruit	Macaroni	See above	Rice	See above	Dinner Roll	1/2 ea	Burger Bun	1/4 ea	Biscuit	1/2 ea
		See above		See above		1 ea		1/2 ea		1 ea
Grains / Bread	Milk	1/2 cup	Milk	1/2 cup	Milk	1/2 cup	Milk	1/2 cup	Milk	1/2 cup
		3/4 cup		3/4 cup		3/4 cup		3/4 cup		3/4 cup
PM Snack - 3:00 PM	Pretzels	6 ea	Corn Chips	8 ea	Yogurt	1/4 cup	Cheese Crackers	8 ea	Butter Crackers	4 ea
		6 ea		8 ea		1/4 cup		8 ea		4 ea
*#1 Component	Milk	1/2 cup	100% Apple Juice	1/2 cup	Club Crackers	4 ea	100% Apple Juice	1/2 cup	Milk	1/2 cup
		1/2 cup		1/2 cup		4 ea		1/2 cup		1/2 cup
*#2 Component										

¹Whole Milk is served to children age one, 1% Milk is served to children age two through five years old.

²Whole grain-rich or enriched cereal, bread products, or pastas are served daily. Water is always available and is served at snack when juice or milk is not menued.

³ Revised 5/25/2017