

Patient Name: \_\_\_\_\_ Social Security# \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
(Physical Address Required)

Home# \_\_\_\_\_ Cell# \_\_\_\_\_ \*OK to receive text messages ? Y / N / Appts only

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Email: \_\_\_\_\_ Email Appts/contact OK? Y / N

Circle how you heard about us:

Word of Mouth	Advertisement	Community Event	Friend/Family
Local Business	Internet Search	Mailed Invite	Food Demo
Facebook	Physician	Church Member	Other: _____

\*If you circled one, please explain: \_\_\_\_\_

**EMPLOYMENT INFO:**

What is your Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_ Wk# \_\_\_\_\_

Address of Employment: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Secondary Insurance: Y / N \_\_\_\_\_

**REFERRING PHYSICIAN:**

Referring Physician: \_\_\_\_\_ Phone# \_\_\_\_\_

Date of next appointment: \_\_\_\_\_ Date of Surgery, if applicable: \_\_\_\_\_

**PRIMARY CARE PHYSICIAN:**

Primary Care Physician: \_\_\_\_\_ Phone# \_\_\_\_\_

**Health Insurance Portability & Accountability Act (HIPAA)**

I acknowledge that I have been provided with the "Notice of Privacy Practices" for review. I understand that I may ask questions about the "Notice of Privacy Practices" at any time. I may revoke this authorization by five (5) days written notice to Eberhardt Physical Therapy, Nutrition and Wellness Clinic, Inc.

Please list individuals in which you allow us to contact regarding your health information or in case of an emergency:

Emergency Contact Outside of Home: \_\_\_\_\_ Phone# \_\_\_\_\_

Spouse Name: \_\_\_\_\_ Phone# \_\_\_\_\_

Other: \_\_\_\_\_ Phone# \_\_\_\_\_

### PATIENT MEDICAL HISTORY

**PLEASE CHECK ALL THAT APPLY TO YOUR CURRENT INJURY**

\* If any apply, please ask front desk for appropriate forms to avoid incurring 100% of billed charges directly to you personally. \_\_\_\_\_ (Initials)

\_\_\_\_\_ Auto Accident \_\_\_\_\_ Employment Related \_\_\_\_\_ Legal Representation

**PLEASE MARK THE FOLLOWING IF YOU HAVE HAD:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Alcohol abuse problems | <input type="checkbox"/> Emotional problems        | <input type="checkbox"/> Kidney Disease      |
| <input type="checkbox"/> Asthma/Bronchitis      | <input type="checkbox"/> Epilepsy/Seizures         | <input type="checkbox"/> Lung Disease        |
| <input type="checkbox"/> Allergies              | <input type="checkbox"/> Fractures (broken bones)  | <input type="checkbox"/> Muscle strains      |
| <input type="checkbox"/> Angina                 | <input type="checkbox"/> Gastrointestinal problems | <input type="checkbox"/> Neck Injuries       |
| <input type="checkbox"/> Arthritis              | <input type="checkbox"/> Gout                      | <input type="checkbox"/> Nervous Problems    |
| <input type="checkbox"/> Back Injuries          | <input type="checkbox"/> Headaches of any type     | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Bowel/Bladder Problems | <input type="checkbox"/> Heart Attacks             | <input type="checkbox"/> Pacemaker Placement |
| <input type="checkbox"/> Cancer                 | <input type="checkbox"/> Heart Disease             | <input type="checkbox"/> Stroke/TIA          |
| <input type="checkbox"/> Circulatory Problems   | <input type="checkbox"/> Heart Surgery             | <input type="checkbox"/> TMJ / Jaw injuries  |
| <input type="checkbox"/> Diabetes               | <input type="checkbox"/> High blood pressure       | <input type="checkbox"/> Tumors              |
| <input type="checkbox"/> Dislocation of Joints  | <input type="checkbox"/> Joint strains             | <input type="checkbox"/> Whiplash            |

**CHECK THE FOLLOWING BOXES IF YOU HAVE RECENTLY EXPERIENCED**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Headaches                                    | <input type="checkbox"/> Shortness of breath      | <input type="checkbox"/> Tingling, numbness or loss of feeling                   |
| <input type="checkbox"/> Muscle pain with activity                    | <input type="checkbox"/> Hoarseness               | <input type="checkbox"/> Pain with coughing or sneezing                          |
| <input type="checkbox"/> Muscle pain at rest                          | <input type="checkbox"/> Dizziness                | <input type="checkbox"/> Change in bowel and/or bladder habits                   |
| <input type="checkbox"/> Tremors                                      | <input type="checkbox"/> Balance problems         | <input type="checkbox"/> Jaw pain and/or clicking                                |
| <input type="checkbox"/> Falls or Nearly Falling                      | <input type="checkbox"/> Unusual fatigue          | <input type="checkbox"/> Foot pain (heel or ball of foot) persistent / recurring |
| <input type="checkbox"/> Difficulty sleeping                          | <input type="checkbox"/> Unusual weakness         |  |
| <input type="checkbox"/> Constant Pain unrelieved by rest or movement | <input type="checkbox"/> Blurred or double vision |  |
|   | <input type="checkbox"/> Unusual skin coloration  |  |
|   | <input type="checkbox"/> Unexplained weight loss  |  |

**PLEASE LIST ANY MAJOR SURGERIES AND HOSPITALIZATIONS**

\_\_\_\_\_  
DATE: \_\_\_\_\_  
\_\_\_\_\_  
DATE: \_\_\_\_\_

**DO YOU SMOKE?** YES / NO. If yes, how many per day? \_\_\_\_\_ **ARE YOU PREGNANT?** YES / NO

**ARE YOU ALLERGIC TO ANY MEDICATION?** YES / NO. IF YES, PLEASE LIST MEDICATIONS.

**PLEASE LIST ALL MEDICATIONS YOU ARE CURRENTLY TAKING:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently getting Home Health services ? Y / N

Have you had PT this YEAR for any condition? Y / N if YES, Where ? \_\_\_\_\_

***I, THE UNDERSIGNED, STATE THAT I HAVE ANSWERED THIS QUESTIONNAIRE TO THE BEST OF MY KNOWLEDGE.***

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Treating Therapist's Signature \_\_\_\_\_ Date: \_\_\_\_\_



# Patient Health Questionnaire - PHQ

ACN Group, Inc. - Form PHQ-202

ACN Group, Inc. Use Only rev 7/18/05

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

## 1. Describe your symptoms

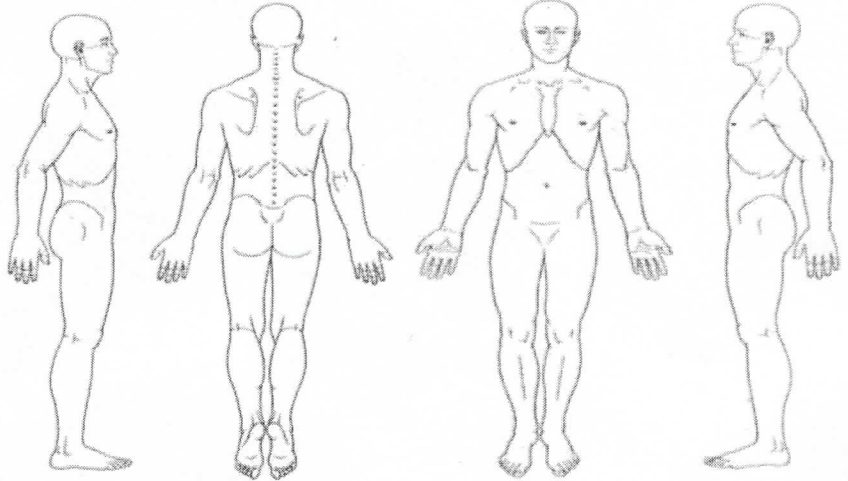
\_\_\_\_\_  
\_\_\_\_\_

a. When did your symptoms start? \_\_\_\_\_

b. How did your symptoms begin? \_\_\_\_\_

## 2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



## 3. What describes the nature of your symptoms?

- ① Sharp
- ② Dull ache
- ③ Numb
- ④ Shooting
- ⑤ Burning
- ⑥ Tingling

## 4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

## 5. During the past 4 weeks:

a. Indicate the average intensity of your symptoms

None ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ Unbearable ⑩

b. How much has pain interfered with your normal work (including both work outside the home, and housework)

① Not at all      ② A little bit      ③ Moderately      ④ Quite a bit      ⑤ Extremely

## 6. During the past 4 weeks how much of the time has your condition interfered with your social activities?

(like visiting with friends, relatives, etc)

① All of the time      ② Most of the time      ③ Some of the time      ④ A little of the time      ⑤ None of the time

## 7. In general would you say your overall health right now is...

① Excellent      ② Very Good      ③ Good      ④ Fair      ⑤ Poor

## 8. Who have you seen for your symptoms?

- ① No One
- ② Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

a. What treatment did you receive and when? \_\_\_\_\_

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: \_\_\_\_\_
- ② MRI date: \_\_\_\_\_
- ③ CT Scan date: \_\_\_\_\_
- ④ Other date: \_\_\_\_\_

## 9. Have you had similar symptoms in the past?

- ① Yes
- ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① This Office
- ② Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

## 10. What is your occupation?

- ① Professional/Executive
- ② White Collar/Secretarial
- ③ Tradesperson
- ④ Laborer
- ⑤ Homemaker
- ⑥ FT Student
- ⑦ Retired
- ⑧ Other

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time
- ② Part-time
- ③ Self-employed
- ④ Unemployed
- ⑤ Off work
- ⑥ Other

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

### Consent to Therapy

I have presented myself to this facility for therapy treatments and consent to diagnostic procedures by my attending therapist.

I realize I have the right to refuse any drugs, treatments or procedures to the extent permitted by law. I acknowledge that medicine is not an exact science, no guarantees or warranties can be made to me regarding the results of any treatments at this facility. I understand that information from any medical record(s) kept by this facility may be used for educational, administrative, and/or facility approved purposes and my personal identity will not be revealed.

Authorization for Release of Information I, \_\_\_\_\_ give Eberhardt Physical Therapy, Nutrition and Wellness Clinic, Inc consent for the release of my records to any authorized representative(s) of Medicare, Medicare Intermediary, Worker's Compensation, Private Insurance Company and/or Consulting Physician(s) for review in determining benefits to which I am entitled. I further authorize the facility to review my records and/or make photocopies of said records. I fully understand that I can, by legal right, refuse the release of said records. Therefore, I hereby authorize the facility access to my records.

I consent to maintain the confidentiality of other patients of the facility, to not disclose to anyone the identity of anyone or anything discussed at the facility by anyone other than myself.

This facility takes photographs of patients while performing therapy to be displayed in your chart. Do you consent to have your photograph taken?  YES  NO

I HAVE READ AND FULLY UNDERSTAND THE ABOVE GENERAL CONSENT FORM AND ANY QUESTION(S) I MAY HAVE HAD, HAVE BEEN ANSWERED TO MY SATISFACTION.

**Signature of Patient**

(or Guardian if Patient is a Minor – Under 18)

\_\_\_\_\_ Date: \_\_\_\_\_

**Witness**

(Authorized Signature of Eberhardt Physical Therapy)

\_\_\_\_\_ Date: \_\_\_\_\_



### Appointment Policy

Thank you for choosing **Eberhardt Physical Therapy, Nutrition and Wellness Clinic**. We consider it a privilege that you have chosen to see an Eberhardt Physical Therapist or Dietitian. From the moment you walk in the door until the time we have to say our goodbyes, we are committed to providing you with exceptional service. Eberhardt Physical Therapy, Nutrition and Wellness is committed to respecting your valuable time by treating promptly based on appointment time. We ask for your cooperation/understanding with the following:

- Patients are seen according to their appointment time and not the time they arrive, if you are late, you will be worked in on a space available basis only.
- If you are running more than 10 minutes late we ask that you call us to reschedule your appointment for either a later time the same day or another day.
- Exceptions may be made to this policy based on unforeseen circumstances.

In today's hectic world, unplanned issues come up for all of us. At Eberhardt Physical Therapy, Nutrition and Wellness Clinic we have instituted an appointment cancellation and "no show" policy for all physical therapy appointments. We will gladly reschedule your appointment up until 24 hours before your appointment. In other words, you must cancel your scheduled appointment by calling us a minimum of 24 hours in advance. That way, the open slot can be filled with someone needing of an appointment. We take our appointment policy seriously because when a patient misses an appointment, three people are adversely affected:

- You, the patient – for not receiving the treatment you need
- Another patient – who could have had your appointment time
- Your therapist – as now he or she has a gap in their schedule

#### **24 Hour Advance Notice \$25 fee:**

If you wish to cancel an appointment we require a minimum of 24 Hours advance notice. Failure to cancel according to policy may result in a \$25 fee that will be due prior to your next visit. The \$25 charge is intended to act as a deterrent from making last minute changes thereby making our schedule more predictable. Additionally, by giving advance notice we are better able to accommodate other patients that are looking to get back to what they want to do through getting proper treatment.

*I understand a \$25.00 fee may be assessed if I violate the appointment policy.* \_\_\_\_\_ (Initial)