GENERAL RULES

**4 Year Olds** *Games Played on* ***Orange Nets***

* Each game will begin with 20 minutes of skills and drills, a 10 minute break, then a 20 minute game
* There will be **5** players on the field including the Goalie
* Coaches can call on there subs on goal kicks, kick-ins and when a goal is scored
* Do Not call OFF SIDE
* Be easy on the rules, don’t call anything but Handball, teach the rules
* Coaches are allowed on field during game play (only in this age group)

**5 & 6 Year Olds** *Games Played on* ***Red Nets***

* All games will have 5 minute warm-up and play 2 (25) minute halves
* There will be **6** players on the field including the Goalie
* Coaches can call on their subs on goal kicks, kick-ins and when a goal is scored
* Do Not call OFF SIDE

**7 & 8 Year Olds** *Games Played on* ***Blue Nets***

* All games will have 5 minute warm-up and play 2 (25) minute halves
* There will be **7** players on the field including the Goalie
* Coaches can call on their subs on goal kicks, kick-ins and when a goal is scored
* Do not call OFF SIDE; unless it is an obvious offside or they are trying to cheat the rule.
* Teach It

**9 & 10 Year Olds** *Games Played on* ***Field “C”***

* All games will have a 5 minute warm up and play (2) 25 Minute Halves
* There will be **8** players on the field including the Goalie
* Coaches can call on their subs on goal kicks, kick ins, throw - ins and when a goal is scored
* Do not call OFF SIDE; unless it is an obvious offside or they are trying to cheat the rule. Teach It.

**11 & 12 Year Olds** Games Played on **Field “B”**

* 11 & 12 Age group will have a 5 minute warm up and play (2) 25 Minute Halves (played on Field “B”)
* There will be **9** players on the field including the Goalie
* Coaches can call on their subs on goal kicks, throw ins and when a goal is scored
* **OFF SIDE will be called**

**13 – 14 Year Olds** Games Played on **Field “A”**

* 13 - 15 Age group will have a 5 minute warm up and play (2) 25 Minute Halves (played on Field “A”)
* There will be **9** players on the field including the Goalie (11 if teams fill up)
* **OFF SIDE will be called**

**15 - 17 Year Olds**  Games Played on **Field “A”**

* 15 - 17 Age group will have a 5 minute warm up and play (2) 25 Minute Halves
* There will be **7** players on the field including the Goalie (11 if teams fill up)
* Coaches can call on their subs on goal kicks, throw ins and when a goal is scored
* **OFF SIDE will be called**

**FOR ALL:**

* All Players must leave the field first before the substitutes enter the field.
* During Kick ins/ throw ins please have the players stand 5 steps back from the Ball
* All non players and parents must stay away from Nets
* **All Coaches please visit the shed before or after every game for updates**
* Schedules or field placements will be subject to change if needed