



Chel's Lashes

What to do and not to do

WHAT TO DO BEFORE AN EYELASH EXTENSION APPOINTMENT

- ❖ At least an hour prior to your appointment:
 - Remove makeup and makeup residue, as it will prevent the glue from adhering properly.
- ❖ Wash your eyelashes with a natural wash, like Johnson & Johnson's tearless baby shampoo.
- ❖ Allow ample time for your lashes to dry before your appointment or gently blow dry them with a hair dryer on a cold setting.
- ❖ Arrive ON TIME with squeaky clean eyelashes.

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WHAT TO DO AFTER AN EYELASH EXTENSION APPOINTMENT

- ❖ No contact with water, steam, or sauna use for the first 24 hours.
- ❖ After the first 24 hours, wash your eyelashes daily with a chemical-free, natural wash, like Johnson & Johnson's tearless baby shampoo.
 - This will remove dead skin cells, reduce makeup buildup, and prevent the accumulation of natural body oils.
- ❖ No rubbing/pulling your new lashes, this could result in your natural lashes falling out prematurely.
- ❖ No mascara or curling for your new eyelash extensions. It will reduce the life of your new lashes.
- ❖ After washing your lashes or showering, it is a good practice to gently blow dry them with a hair dryer on a cold setting.
- ❖ Try not to expose your eyelash extensions to heat, such as when opening the oven or lighting a cigarette.
- ❖ Do NOT attempt to remove your own lashes.
- ❖ Do schedule your follow-up appointments well ahead of time.

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