

Reiki Level II

The class fee includes a 176 page textbook written by William Lee Rand, founder of the International Center for Reiki Training. This textbook covers both Reiki Level I and Level II. If you do not have this book from Level 1 there is a 20.00 fee.

Reiki II is taught in an 8 hour session that is equally divided between instruction and hands-on practice. During Reiki II training, the student will be given an attunement to properly adjust their chakras and energy pathways to link them to the Reiki source and accommodate their ability to channel Reiki's healing energy for themselves and others. A Reiki II attunement also empowers the practitioner to utilize sacred Reiki symbols to enhance the effectiveness of their sessions, and activates the symbols for the student receiving the attunement.

Topic covered in the classroom portion of the training include:

- Review of Reiki I training including any questions
- Discussion of the meaning of the sacred Reiki symbols
- How to draw the Reiki symbols
- Using the Reiki symbols for distance and past/future healing
- Additional Japanese Reiki Techniques:
 - o Koki-ho
 - o Jacki-Kiri Joka-ho
 - o Gyoshi-ho
 - o Enkaku chiryo
- Guided meditation
- Discussion of any effects from the attunement process
- Demonstration of a complete treatment including use of all symbols
- Reiki Shares and Support Groups

Reiki II training includes a written test of the student's ability to draw the 3 Level II symbols. (Please do not stress over this ©)

The remainder of the Reiki II training class is spent in hands-on practice treating other students. Massage tables will be set up in the classroom and the instructors will demonstrate techniques and provide coaching and advice to facilitate the student acquiring the necessary comfort level to continue their work as a Reiki practitioner at a higher level.

At the conclusion of the class, the student will be given a personalized certificate documenting their completion of the necessary training and providing evidence of their certification as a Reiki Level II practitioner.

REIKI LEVEL II FEE - **\$150.00** which includes the book from Reiki 1 class. Please bring your book from Reiki 1 class. (\$75.00 NON-Refundable deposit due to hold your space). Balance due on class day.

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