# The class begins with the Tenets of Taekwondo...

"Sir,

Courtesy Integrity Perseverance Self-control



Sir!"

# **Explanation of Tenets**

Indomitable Spirit,

# 1. Courtesy (Ye Ui)

Taekwon-Do students should attempt to be polite to one another and to respect others. Students should address instructors as *Sir* and to bow to the instructors before and after classes. Turning up early or on time for classes is also an aspect of courtesy.

# 2. Integrity (Yom Chi)

One who has integrity is able to define what is right or wrong and have the conscience, if wrong, to feel guilt. Taekwon-Do students should strive to be honest and to live by moral principles.

## 3. Perseverance (In Nae)

Perseverance means having patience. One of the most important secrets of becoming a leader in Taekwon-Do is to overcome every difficulty by perseverance. Confucius said," One who is impatient in trivial matters can seldom achieve success in matters of great importance."

## 4. Self-Control (Guk Gi)

Without self-control, a Taekwon-Do student is just like any fighter in the street. Loss of self-control is disastrous both in sparring and personal affairs. "The term of stronger is the person who wins over oneself rather than someone else", *Lao Tzu*.

## 5. Indomitable Spirit (Baekjul Boolgool)

A true student of Taekwon-Do will never give up, not even when faced with insurmountable odds. The most difficult goals can be achieved with indomitable spirit.

The class ends with the **Student Oath** 

"Sir,

I shall observe the tenets of Taekwondo. I shall respect my instructor and seniors. I shall never misuse Taekwondo. I will be a champion of freedom and justice. I will build a more peaceful world, Sir!"



태권도