

PRE- OPERATIVE INSTRUCTIONS

- 1) You will be given admission orders, lab orders and a copy of your consent to give to the preop nurse during your hospital preop visit.
- 2) You should attend your hospital preop visit 3-5 days before your scheduled surgery date.
- 3) Dr. Garcia will give you any narcotic pain control prescriptions during your preop visit with him to fill prior to your surgery.
- 4) Dr. Garcia will send electronically to your pharmacy any other prescriptions including Magnesium Citrate for your bowel prep and Motrin 800mg pills for post op pain.

DAY PRIOR TO SURGERY

- A bowel preparation is required for your surgery. The goal of the bowel prep is to prepare your bowel so that stool will not be present that could compromise your scheduled surgery.

-- At 3pm the day before surgery, you must drink a bottle of Magnesium Citrate.

-- For dinner, you need to drink plenty of fluids including water, broth, jelly and /or apple juice. Please avoid milk, milk shakes, tomato juice, oatmeal or any soups other than broth.

THE NIGHT BEFORE SURGERY

-- Do NOT eat any solid food after 7pm .

-- Do NOT eat or drink **anything** after midnight (including water).

-- You may brush your teeth in the morning, but do NOT swallow.

THE DAY OF SURGERY

1) You will arrive at the hospital an hour and a half to two hours prior to the scheduled start time.

2) You will have an intravenous line placed and prophylactic IV antibiotics will be given. After all the required forms are filled out and questions answered, the anesthesiologists may give you something to relax you. You may not remember much after that point until the recovery room.

3) After the surgery, you will be transferred to the recovery room. If you have planned on going home the same day, you will be discharged after demonstrating that you can void and your pain is well controlled. If you have planned on an overnight stay/observation, you will be transferred to a room.