# Dr. Judi Harrick

## 5341 Estate Office Park Drive #2 Memphis, TN 38119 901-682-8998

## **Patient Intake Form**

	Name		1	est N	ame		M	ddie Initial		<del></del>		M	ale/F	emal		of Birth	Manta	Status	A	re yo	su pre	gun
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	Cancer Thyroid Disea	sse.				etes ures			HIV+ CFS/E	BS					Heart D				Hep		yalgi: is	8
	Rheumatic Fo					ken Pox			Stroke						Measle	•			Нур	ogi	ycem	i
	High Blood Pressure				Men	iere's			Mump	\$					Mono				Poli	0		
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Physical Symptoms
Please check all symptoms you have experienced during the past 6 months. Circle those that have been the most troublesome.

Gener	al												:
	Poor Enduran	re	☐ Gnawi	ng hunger			i a	ck of persp	iration		Tremo	rs	i
	Sleep (Avg hrs)		/g hrs) ☐ Food cravings			Ī		tht sweats				on to talking	
_								•			Strong thirst cold		
<ul><li>☐ Insomnia</li><li>☐ Wakens easily</li></ul>			☐ Peculiar tastes/smells ☐ Sudden er						gy urop		drinks	awar com	UL
			-	e in appetite	;		-	tigue				or bruise ea	silv
	Unable to fall	asleep	☐ Obesit	•		_		-			(where		30 <b>y</b>
	Heavy Sleep			t weight loss	/ga			rtigo			•	leed excess	ivėly
	Unable to stay	y asleep	☐ Tire es	ısily				ills easily	_			afternoon	ivery
	Dream disturb	ed sieep	☐ Fevers	;					e afternoon	ш	rests/r		
	Nightmares		☐ Chills			m		evening	-1			energized in 1	he am
	Localized wea	ıkness	☐ Cold b	ack				od transfu				nergized in 1	
0	Awaken fatigu	ied	Cold al	bdomen		0	-	ld hands/fe	= -			ged recover	, -
	Poor appetite		☐ Sweat	easily				or coordina	mon	L		ged recover; ng illness	•
	Heavy appetit	e	☐ Excess	sive sweating	a			ındice			.0110111		į
_				•	-			emia					
Overali	energy level:	□very high	□ high □	l medium		] low □ ve	ry l	ow					
Skin 8									_				:
	Rashes		Hair/skin chan	<b>G</b>		Boils		<u> </u>	Cracks			Painful sca	
	Eczema		Pimples/boils	1		Dandruff			Shingles			Lumps or t	umps
	Ulcerations		Purpura			ltching			Dry hair/skin			Pasty/pale	
	<b>Psoriasis</b>	□	Warts/growths	ı		Fungal infection	ns		Brittle hair			complexion	1 :
	Fingernali		Hives	{		Loss of hair			Limp hair			Other hair/	skin
	problems											problems	
Head													:
	Dizziness		Eyes watering		]	Loss of balance	e		Teeth hurt			Recurrent	sore
	Concussions		Double vision	Ē	J	Mucus			Sore/bleeding			throat	
	Migraines		Blurry vision	[	3	Ear drainage			gums			Grinds teet	h <sub>:</sub>
	When?	🗆	Dry eyes	C	3	Hoarse voice			Bad taste in			Sore tongu	e
	Where?	<del>_</del> _	Poor vision			Loss of taste			mouth			Facial pain	/tics
	Headaches		Night blindness	• [	J	Lose of emeil			Dry throat			Excess sali	va
	Paralysis		Glaucoma	Ε		Facial pain			Dry mouth			Stuffy/runny	nose
	Eye strain		(pressure in ey	es) [	]	Mouth/lip sores	ì		Loose teeth			Nose bleed	
	Color blindnes	s [	Ringing in ears	,	3	Jaw clicks			Bad breath			Sinus press	sure
	Eye pain/itch		Poor hearing	<u>.</u>		Sinus infections	2		Difficulty			Sinus cong	
	Cataracts		Frequent head	<u>.</u>		Sneezing spells	-		swallowing		ō	Post nasai	
	Spots in	_	colds						Nasal congestion	1	-	r vot tidadi	αι ip
	eyes/floaters		Earaches			Teeth problems	•		Glasses				
				L	ر	Loss of teeth							:
			<del></del>									*	· <del>.                                    </del>
<u>-</u> -													
Cardio	vascular												
	High blood	Ω	Rapid heart bea	at 🗉	]	Heart murmur			Cumilian i-		_	Oldan	
سه	pressure		Blood clots	a		Pacemaker		Ļj	Swelling in hands/feet			Skipped heartbeats	:
	Low blood							U	Varicose veins		Ω	Phiebitis	:
_	pressure	ı,	Palpitations			Fainting			Blood disorder		ப	(inflamed ve	ine)
	Chest	Ц	Irregular heart beat			High cholesterol			==		П	Mitral valve	mioj
	pain/pressure		Heart attack	[]		Vascular spiden	8		Raynaud's disease		u	prolapse	1
		ū	I ICAIL AUBUK		į	Leg cramps			Wacaoc.			t- ambaa	1
							~~~~					<del></del>	<del></del>

Resp	iratory								
	-		TB		Bronchitis		Excessive phlegm		Difficulty
	•	ā	Tight chest	_	Seasonal		Whooping cough		breathing when
٠	breath		Wheezing or	_	allergies	ō	Pneumonia		lying down
	Coughing blood		gasping		Frequent colds		i ilodinoma		How many pillow
		0	*		Emphysema				used?
	Asthma	ب	Dry cough	Ľ	Embiliacua				:
<del></del>									
Gastr	ointestinal	• •							
	Nausea		Hiatai hernia		Sweet taste in		Bloody stools		Recent weight
_	· · · · ·		IBS	ш	mouth		Black stools		loss/gain
	Vomiting				Gall bladder			□	Laxative use
	Gas		Acid reflux	ט	problems		Intestinal gurgling		Fecal
	Belching		Indigestion		•		Colon problems	u	incontinence
	Food sits in		Bad breath		Liver problems		ST problems	_	
	stomach		Constipation		Colitis		Bowel frequency		Bloating
	Bitter taste in		Diarrhea/loose		Stomachache		Hemorrhoids		Parasites
	mouth		stool		Pain/cramps		Number of daily		
	Ulcer				Rectal pain/itch		BMs		; ;
Genit	ourinary					•			
	Burning/pain with		Frequent		Dribble urine with		Blood in urine		Painful sex
	urination		urination		sneeze		VD		Change in sexual
	Unable to hold		Weakened urine		Difficulty or slow	ō	Herpes		energy
	urine		stream		starting stream	ō	Flank pain		Infertility
	Wake up to		Cloudy urine		Kidney infections		Urgency to		Bedwetting
	urinate		Kidney stones		Bladder infections		urinate	_	
							······································		
Wome								_	
	Vaginal		Ovarian cysts		Last mammogram		Breast		Change in
_	burning/itching		Vaginal infections		Fibroids	_	tenderness/pain		body/psych prior
	Vaginal discharge		Last menstrual		Water retention		Breast discharge	_	to menstruation
	Yeast		period		Abortions		Hysterectomy		Hot flashes
	Vaginal sores		Number of births		Sexually active		Menopausal		HRT
	itch		Premature births		Irregular menses		Other surgeries		PID
	Vaginal bleeding		Miscarriages		Clots		Sexual drive		Herpes
_	between periods		Age of first				increased		Gonormea
	Number of	L3	menses		Painful menses		Sexual drive		Syphilis
_	pregnancies		Duration of		Birth control	_	depressed		Children
	Endometriosis	٠	periods		Now pregnant		PMS	Ļ	(names/ages)
ā	Change in flow		Last Pap		Breast lumps	_	, me		(manusa agus)
Describ	e your usual flow								•
**************************************									
Men	Testicular pain	<b></b>	Prostate		Nocturnal		Loss of semen	0	Sexual drive
	Penile pain	<b></b> l	enlargement	Ц	emissions	ш	during the day		increased
	Genital itch		Hernia		Herpes		Premature		Sexual drive
			Loss of erection.		Gonorthea	u	ejaculation	_	depressed
	Sexually active	u	impotence		Prostatitis		Syphilis		Children
·									(names/ages)

Musculoskeletal

000000000000000000000000000000000000000	cramps Swoller Joint pa	spasms, , tension n joints nin weakness	0	Arthrit Leg cr Bone Neck	is amps pain	en		Joints mai Joint repla Whiplash Pain down Bone prob Trembling, tremors	cement legs			-	Upper Mid Lower ness,	0	Constant pain Weak muscles Other spinal problems
		No pain	Aı	Mildiy	ur	Nagging comforts		Distre				ense, rible		rst possible, bearable	:
	level of pa		1	2	3	4		5 6		7		8	9	10	:
Are you	physically	active on a	regular I	basis? ye	es / no	Type of e	xerc	ise:	······································		'	low long	g:	How o	often:
Neuro	/Emotic	nal/Psyc	hologi	cal	<del></del>					· · · · · · · · · · · · · · · · · · ·		<u>.</u>		<del></del>	
	Seizure	-			al fears			Poor				Disorie	entation		Paralysis
	Areas o	-		Forget	ful			concentrati	on			Mood	swings	Ō	Pessimistic
_	numbne			Agitatio				Fatigue	-			_	ddiction		Optimistic
	Concus				ns difficu	ılt		Considered suicide	ı				y to focus	. 🗓	Perfectionist
	Worry a Depress			Lose to easily	mper			Attempted	suicide			on task	es grudge		Motivation low
	•	nervous			stressed			Treated for			ם ט	Fearful			Motivation norm
	Feel		ā	Feel ur				emotional				Hypera			Motivation high
	overwhe		□	Work/fi				problems				Dull thi	•		:
	Poor me	mory		probler	ns			Repeated thoughts				Stroke	•		:
What is y	your domin	nant emotic	n?				ם	escribe your	major li	fe stres	38 <b>e</b> 9	:			:
Life As	sessmo	very high ent of the foll with 10 be	□ high owing ai ing very	reas of y	edium our life o	□ low on a difilling.		□ very low	-	and He				<u>                                     </u>	
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Job		<u> </u>							5-Ph	ase C	Clas	sical			:
Family									Seas	on .					1
Personal Relations	hips		<u> </u>												:
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Describe	your ma	rriage/rela	tionship:						······································			<del></del>			
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## Dr. Judi Harrick

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lergies							
ist all medicines, herbs, remedies, and supplements used in the last 2							
Medicine/herb/supplement Name	Dose	Frequency					
***							
t all Doctors and Therapists you h	ave seen in the las	f 2 vears					

# Dr. Judi Harrick 5341 Estate Office Park Drive #2 Memphis TN 38119

### **Notice of Privacy Practices Acknowledgement**

A record of the health care services that we provide to you is used and disclosed by this office when providing you with treatment, collecting payments for treatment provided to you and in other health care operations.

Our **Notice of Privacy Practices** describes in more detail how your health information may be used and disclosed, our obligations in protecting your health information and your rights regarding the information contained in your medical record.

We will not use or disclose the information contained in your record in any way that is inconsistent with the policies detailed in our current Notice of Privacy Practices.

If you have questions or would like additional information about this notice, please notify our office.

By my signature below I acknowledge receipt of the Notice of Privacy Practices.

Signature of patient or legally authorized individual	Date	Time
Printed name if signed on behalf of patient	Relationship to patient (parent, legal gu	ardian, etc.)

This form will be retained in your medical record.

#### NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

The Health Insurance Portability & Accountability Act of 1996 (HIPAA) requires all health care records and other individually identifiable health information used or disclosed to us in any form, whether electronically, on paper, or orally, to be kept confidential. This federal law gives you, the patient, significant new rights to understand and control how your health information is used. HIPAA provides penalties for covered entities that misuse personal health information. As required by law, we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.

Without specific written authorization, we are permitted to use and disclose your health care records for the purpose of treatment, payment, and health care operations.

- Treatment means providing, coordinating, or managing health care and related services by one or more health care
  providers. For example, we may need to share information with other health care providers or specialists involved in the
  continuation of your care.
- Payment means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. For example, we may disclose treatment information when billing a dental plan for your dental services.
- Health Care Operations include the business aspects of running our practice. For example, patient information may be used for training purposes or quality assessment.

Unless you request otherwise, we may use or disclose health information to a family member, friend, personal representative, or other individual to the extent necessary to help you with your health care or with payment for you health care. In the event of an emergency or your incapacity, we will use our professional judgment in disclosing only the protected health information necessary to facilitate needed care. In addition, we may use your confidential information to remind you of appointments by sending reminder postcards and/or leaving messages at home and/or work. Your protected health information may also be used by our offices to recommend treatment alternatives or to provide you with information about health-related benefits and services that may be of interest to you. In addition, we may disclose your health information for public health oversight activities, judicial or administrative proceedings, in response to a subpoena or court order, to military authorities of Armed Forces personnel, to federal officials for lawful intelligence, counterintelligence, and other national security activities, to correctional institutions or law enforcement officials, and/or to report suspected abuse, neglect, or domestic violence. Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

You have certain rights in regards to your protected health information, which you may exercise by presenting a written request to our Privacy Officer at the practice address listed below:

- The right to request restrictions on certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.
- The right to request to receive confidential communications of protected health information from us by alternative means or at alternative locations.
- The right to access, inspect, and copy your protected health information, with limited exceptions. A reasonable fee may be assessed.
- The right to request an amendment to your protected health information. We may deny your request in certain situations.
- The right to receive an accounting of disclosures of protected health information made outside of treatment, payment, of health care operations...or based on your previous authorization.
- . The right to obtain a paper copy of this notice from us upon request, even if you have agreed to receive it electronically

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

This notice is effective as of April 14, 2003, and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. Revisions to our Notice of Privacy Practices will be posted on the effective date and you may request a written copy of the Revised Notice of Privacy Practices from this office.

You have the right to file a formal, written complaint with us at the address below, or with the Department of Health & Human Services, Office of Civil rights, in the event you feel your privacy rights have been violated. We will not retaliate against you for filing a complaint.

For more information about HIPAA: The U.S Department of Health toll free 877-696-6775

Office of Civil Rights: 200 Washington, D.C. 20201

## Dr. Judi Harrick 5341 Estate Office Park Drive #2

Memphis TN 38119

### Informed Consent for Treatment

Traditional Chinese Medicine includes various modalities such as acupuncture, herbology, tuina, massage cupping, guasha, moxibustion, acupressure, warming, and other types of hands-on healing, as well as electric stimulation to filaments and infrared cold laser. These ancient oriental techniques utilize a natural system of healing within the body.

I, the undersigned, hereby authorize Dr. Judi Harrick to perform the above listed modalities, including acupuncture procedures induced by the insertion of sterile, single-use needles/filaments into the underlying tissues at certain indicated points on the surface of the body. The nature, consequences, and potential risks and benefits of these procedures have been explained to me.

POTENTIAL RISKS: Discomfort at the insertion site of the needle, bruising, weakness, fainting, nausea, and possible short term aggravation of symptoms existing prior to acupuncture treatment.

POTENTIAL BENEFITS: To allow for drugless relief of presenting symptoms and improved balance of bodily energies which may lead to prevention or elimination of the presenting problem.

With this knowledge, I voluntarily consent to the above procedures. I understand these techniques are not a substitute for conventional medical care. I realize that no guarantees have been given to me regarding cure or improvement of my condition and that no treatment program is effective for everyone.

I understand that I am free to discontinue my treatment at any time. I also understand that my medical and/or clinical records will be kept confidential and only disclosed with my permission or summarized anonymously. (initial \_\_\_\_\_\_

I hereby authorize Dr. Judi Harrick to verify my history or condition with my physician, if required, and to release my medical records to my insurance company if they so require in order to honor my insurance claim.

Payment is due at the time services are rendered. First appointment fees are \$150 for adult acupuncture (over the age of 14), \$60 for pediatric (under the age of 14). Follow up appointment fees are \$70 for adult acupuncture (over the age of 14), \$30 for pediatric (under the age of 14). Herbal preparations are additional.

We require 24 hour notice given to change or cancel your appointment. We understand emergent situations but otherwise you will be charged for the missed visit. Please do not wear colognes, perfumes, or scented lotions to the office.

Tracome as a new client. The greatly appreciate your cooperation and to	ok forward to treating you.
Print Patient Name	Date
Patient/Guardian Signature	