



**MONTEREY PENINSULA**  
**PHYSICAL THERAPY**  
ORTHOPEDIC, SPINAL AND SPORTS MEDICINE REHABILITATION

337 EL DORADO STREET, SUITE B-5  
MONTEREY, CA 93940  
(831) 646-1100

**PATIENT INFORMATION SHEET**

**PATIENT'S NAME:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_/\_\_\_\_/\_\_\_\_  
**CURRENT AGE:** \_\_\_\_\_ **SEX:** \_\_\_\_\_ **MARTIAL STATUS:** \_\_\_\_\_  
**STREET ADDRESS:** \_\_\_\_\_  
**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_  
**HOME PHONE:** (\_\_\_\_) \_\_\_\_\_ **CELL NUMBER:** (\_\_\_\_) \_\_\_\_\_  
**EMAIL ADDRESS:** \_\_\_\_\_

**NAME OF INSURED / RESPONSIBLE PARTY:** \_\_\_\_\_  
**RELATION TO PATIENT:** \_\_\_\_\_  
**STREET ADDRESS OF INSURED:** \_\_\_\_\_  
**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_  
**INSURANCE CARD INFORMATION:** ( AS IT APPEARS ON YOUR CARD )  
**SUBSCRIBER NAME:** \_\_\_\_\_  
**INSURANCE COMPANY:** \_\_\_\_\_  
**ID#:** \_\_\_\_\_ **GROUP#:** \_\_\_\_\_

**PATIENT'S EMPLOYER:** \_\_\_\_\_  
**BUSINESS STREET ADDRESS:** \_\_\_\_\_  
**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_  
**PHONE:** (\_\_\_\_) \_\_\_\_\_ **OCCUPATION:** \_\_\_\_\_

**WORKERS COMPENSATION:** (COMPLETE ONLY IF WORK RELATED INJURY)  
**NAME OF EMPLOYER (WHERE INJURY OCCURRED):** \_\_\_\_\_  
**EMPLOYERS ADDRESS:** \_\_\_\_\_  
**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_  
**DATE OF INJURY:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **CLAIM #:** \_\_\_\_\_  
**ADJUSTOR'S NAME:** \_\_\_\_\_ **PHONE:** (\_\_\_\_) \_\_\_\_\_ **EXT:** \_\_\_\_\_  
**NAME OF ATTORNEY:** \_\_\_\_\_ **PHONE:** (\_\_\_\_) \_\_\_\_\_

**EMERGENCY CONTACT ( NEAREST RELATIVE NOT LIVING WITH YOU)**  
**NAME:** \_\_\_\_\_ **PHONE:** (\_\_\_\_) \_\_\_\_\_



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**PATIENT MEDICAL HISTORY FORM**

Name: \_\_\_\_\_

TODAY DATE: \_\_\_\_\_

Treating Physician: \_\_\_\_\_

Date of 1st Doctors Visit For this Injury: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Last Day Worked Due to this Injury: \_\_\_\_\_

Date Returned to Work After Injury: \_\_\_\_\_

Is an attorney involved in this case? **YES NO**

Were you referred to PT by: \_\_\_\_\_

If yes, name of attorney: \_\_\_\_\_

Have you had Surgery for this Injury? **YES NO**

Number of Surgeries: \_\_\_\_\_

Type of Surgery: \_\_\_\_\_

**Are You Currently Taking Any Prescription or Non-Prescription Medications:** (Please List Below)

Anti-Inflammatories \_\_\_\_\_

Muscle Relaxers \_\_\_\_\_

Pain Medication \_\_\_\_\_

Other \_\_\_\_\_

**Have you had any of the following medical or rehabilitative services for this injury/episode?**

	<b>YES</b>	<b>NO</b>		<b>YES</b>	<b>NO</b>
Physical Therapy			General Practitioner		
Orthopedist			Neurologist		
Speech Therapy			Occupational Therapy		
Podiatrist			Massage Therapy		
X-Rays			MRI		
CT Scan			EMG/NCV		
Emergency Room Care			Chiropractor		

**Do you now or have you ever had any of the following?**

	<b>YES</b>	<b>NO</b>		<b>YES</b>	<b>NO</b>		<b>YES</b>	<b>NO</b>
Asthma, Bronchitis, or Emphysema			High Blood Pressure			Anemia		
Shortness of Breath/Chest Pain			Heart Attack or Surgery			Diabetes		
Coronary Heart Disease or Angina			Thyroid Trouble/Goiter			Gout		
Cancer/chemotherapy/Radiation			Dizziness or Fainting			Weakness		
Emotional/Psychological Problems			Infectious Diseases			Hernia		
Bowel or Bladder Problems			Numbness or Tingling			Allergies		
Severe or Frequent Headaches			Elbow/Hand Injury			Osteoporosis		
Vision or Hearing Difficulties			Neck Injury/Surgery			Stroke/TIA		
Sleeping Problems/Difficulties			Back Injury/Surgery			Blood Clot/Emboli		
Leg/Ankle/Foot Injury/Surgery			Knee Injury/Surgery			Epilepsy/Seizures		
Do you have a Pacemaker?			Arthritis/Swollen Joints			Varicose Veins		
Any Pins or Metal Implants?			Are You Pregnant?			Joint Replacement		
Weight Loss/Energy Loss			Do You Smoke?					

List any other information that would assist us in your care? \_\_\_\_\_

Are you aware of what your diagnosis is (what you're being treated for)? \_\_\_\_\_

Based upon your awareness, what are your expectations/goals while in this program? \_\_\_\_\_

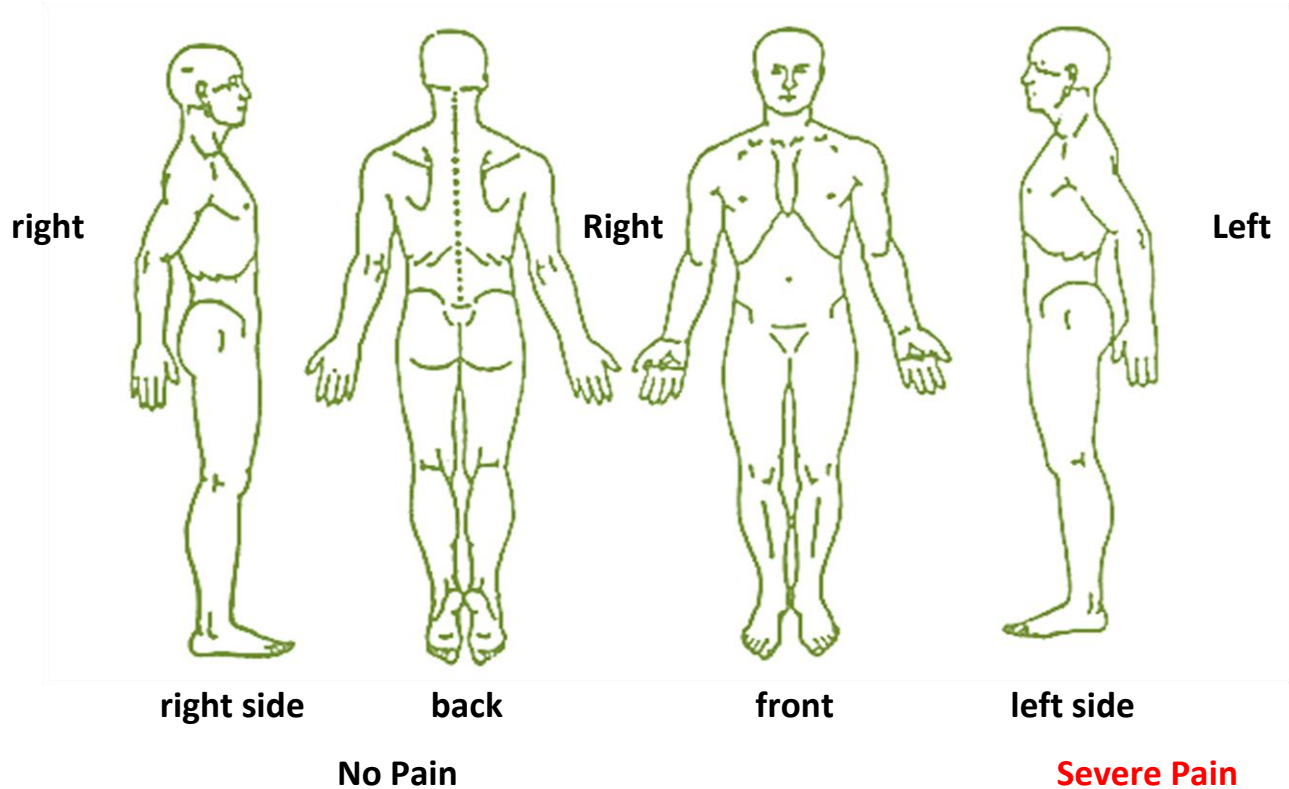
**Patient/Guardian Signature:** \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Therapist Signature: \_\_\_\_\_



## MEDICAL HISTORY

1) PLEASE **MARK ON THE DRAWING BELOW** THE AREAS WHERE YOU FEEL DISCOMFORT



2) **INDICATE PAIN RANGE** : 0 1 2 3 4 5 6 7 8 9 10

3) **TYPE OF PAIN**: SHARP DULL / ACHY TINGLING NUMBNESS BURNING

4) **WOMEN'S HEALTH**: FEMALES COMPLETE THE FOLLOWING SECTION:

Are you pregnant? \_\_\_ No Yes \_\_\_ NUMBER OF WEEKS PREGNANT: \_\_\_\_\_ WEEKS

DUE DATE: \_\_\_/\_\_\_/\_\_\_

C-SECTION DATE: \_\_\_/\_\_\_/\_\_\_

CURRENT WEIGHT: \_\_\_\_\_ LBS

PRE PREGNANCY WEIGHT: \_\_\_\_\_ LBS

Number of pregnancies: \_\_\_\_\_ Number of vaginal deliveries: \_\_\_\_\_

Number of cesarean deliveries: \_\_\_\_\_ Height: \_\_\_ft \_\_\_inches

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**ASSIGNMENT OF BENEFITS AND RELEASE OF MEDICAL INFORMATION FORM**

1. The **PATIENT IS FULLY RESPONSIBLE FOR PAYMENT OF ALL CHARGES** regardless of insurance or lawsuit determination. All charges are expected to be paid in full. We accept payments by cash or check. If payment arrangements are made we must have a signed Payment Contract from you. Any overpayments will be promptly refunded to the patient.
2. **HEALTH INSURANCE** Patients wishing us to bill their primary insurance carrier must provide us with current insurance information You are responsible for any deductible, cost share and non-covered services as per your insurance policy. Deductibles and co pays are expected at the time services are rendered. You will be billed for any cost shares or non-covered services.
3. **WE DO NOT BILL SECONDARY CARRIERS.** The patient is responsible for billing any secondary or third insurances and issuing payment to our office for the allowed amounts as per your policy guidelines. Our office may assist you as a courtesy to you.
4. **RETURNED CHECKS** will be subject to a \$25.00 service charge.
5. **FINANCE CHARGES** will be added to unpaid balances over 30 days at the rate of 10% per year (.83% per month). This is billed directly to the patient.
6. **PLEASE BE PROMPT FOR YOUR APPOINTMENT TIME.** We realize that everyone's time is important and we make every effort to see you promptly at your scheduled appointment time. **YOU MAY BE CHARGED THE FULL OFFICE VISIT** for any missed treatments or canceled appointments not given **24 hours notice**.
7. **PLEASE KEEP US INFORMED.** Let us know of your appointments with your physician so that we may prepare a report for him regarding your progress/status. Notify us of any changes in your personal information, (i.e. address, insurance, name changes, etc)

**I FULLY UNDERSTAND THE ABOVE FINANCIAL AGREEMENT AND WILL BE COMPLETELY RESPONSIBLE FOR PAYMENTS FOR SERVICES RENDERED. I ALSO AUTHORIZE TREATMENT FOR THE PATIENT STATED BELOW.**

(GUARDIAN SIGNATURE REQUIRED IF MINOR UNDER THE AGE OF 18)

**DATE:** \_\_\_\_\_ **PRINTED NAME:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ **RELATION:** \_\_\_\_\_

**ASSIGNMENT OF BENEFITS AND RELEASE:** I hereby authorize my insurance benefits be paid directly to **Monterey Peninsula Physical Therapy** and agree that I am financially responsible for non-covered services. I also authorize the release of any information requested to process this claim.

**DATE:** \_\_\_\_\_ **PRINTED NAME:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_

# **MONTEREY PENINSULA PHYSICAL THERAPY**

## **PATIENT CONSENT FORM**

I understand that, under the Health Insurance Portability and Accountability Act of 1966 (HIPPA) I have certain rights of privacy regarding my protected health information. I understand that this information can and will be used to:

- ◆ Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly or indirectly.
- ◆ Obtain payment from third-party payer.
- ◆ Conduct normal healthcare operations such as quality assessment and physician certifications.

I have been informed by you of your **Notice of Privacy Practices** containing a more complete description of the uses and disclosures of my health information. I have been given the rights to review such **Notice of Privacy Practices** prior to signing this consent. I understand that this organization has the right to change its **Notice of Privacy Practices** from time to time and that I may contact his organization at any time at the address below to obtain a current copy of the **Notice of Privacy Practices**. **Attention: Tony Lagana, 337 El Dorado, Suite B-5, Monterey, California 93940** I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatments, payment or other health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree, then you are bound to abide by such restrictions.

I understand that I may revoke this consent at any time, except to the extent that you have taken action relying on this consent.

**Patient name:** (PRINT) \_\_\_\_\_

**Signature:** \_\_\_\_\_

**RELATIONSHIP TO PATIENT:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

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### **OFFICE USE ONLY**

***I attempted to obtain the patient's signature as acknowledgement on this Notice of Privacy Practices Acknowledgement, but was unable to do so as documented below:***

<b><i>Date:</i></b>	<b><i>Initials:</i></b>	<b><i>Reason:</i></b>

