



## Female Patient Health History Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Please briefly describe your chief complaint: \_\_\_\_\_  
\_\_\_\_\_

Who is your Primary Care Physician? \_\_\_\_\_

### **PAST MEDICAL HISTORY**

Have you ever had vein surgery, vein injections, laser treatment, or other type of vein treatment?

Yes No If yes, what type and when? \_\_\_\_\_

Have you had any tests done or evaluations of your veins?

Yes No If yes, who, what, and when? \_\_\_\_\_

Have you ever had a blood clot?

Yes No If yes, what leg and when? \_\_\_\_\_

- If yes, were you treated with a blood thinner (Heparin, Coumadin)? Yes No

Have you ever had phlebitis (inflammation of a vein)?

Yes No If yes, what leg and when? \_\_\_\_\_

### **CHILD REARING HISTORY**

Are you presently pregnant? Yes No How many times have you been pregnant? \_\_\_\_\_

If of childbearing age, do you intend to have any more children? Yes No

### **FAMILY HISTORY**

Does anyone in your family have varicose veins, spider veins, or leg ulcers? Yes No

Who? \_\_\_\_\_



Name: \_\_\_\_\_

Age: \_\_\_\_\_

Date: \_\_\_\_\_

**CURRENT HISTORY**

**Do you currently have any of the following:**

Heart Disease                      Yes    No                      High blood pressure                      Yes    No

Lung Disease                      Yes    No                      Arthritis                      Yes    No

Allergies (*medicines, latex, tape, shellfish, etc.*)                      Yes    No

→ If yes, please specify: \_\_\_\_\_

Please list any medications you take including prescription and over-the-counter. \_\_\_\_\_

**Do you experience any of the following with your legs:**

Aching/pain                      Yes    No                      Tiredness/fatigue                      Yes    No

Heaviness                      Yes    No                      Itching/burning                      Yes    No

Swollen ankles                      Yes    No                      Cramping/throbbing                      Yes    No

**Do you have any of the following (circle):**    Varicose veins    Spider veins    For how long? \_\_\_\_\_

**Have your veins gotten worse in recent months?**    Yes                      No

**Do you have discomfort in your legs?**    Yes    No    How long have you had leg discomfort? \_\_\_\_\_

**If you have leg discomfort, what methods do you use to relieve it (circle):**

Compression stockings/support hose:    *Do they provide relief?*    Yes    No

→ If yes, how long have you worn them? \_\_\_\_\_

Leg Elevation                      Walking                      Cold Packs                      Tylenol                      Pain meds

Warm Soaks                      Ibuprofen                      Aspirin                      Exercise