## Thyme After Thyme Herbs & Gifts

# Exquisite home-made bath & beauty products to soothe the mind, body and soul....

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#### Thyme After Thyme

It began over 30 years ago near the ocean shore of Cape Cod... our little herb shop in Brewster on 6A ... We moved to the Southwest to grow wild 20 years ago, where I raised my children and Lavender with horses, dogs, cats, cows, birds, fish, a snake, a turtle, a tarantula and shop in Durango, Colorado! With both daughters back in Colorado, we now spend our summers on the bay and our winters in the southwest enjoying, gardening and growing! Throughout the year we attend Farmers markets from Boston, Plymouth and Provincetown, to Austin, Santa Fe and Telluride! From 14,000 Feet to Zero elevation!

We offer exquisite, homemade, bath & beauty products to soothe the mind, body and soul! Using all natural organic ingredients from gardens, fields and forests we blend our products by hand. Since time began, women have always known the right petal, spice, bark or seed to heal, beautify and nurture. We pass generations of recipes, wisdom and blessings down to you.

Herbs, plants and flowers are researched, grown, gathered and used for medicinal, body, skin care and aromatherapy. To learn the history, lore and the lost art of nature's offerings and bounty have become our purpose.

We have been gifted with valuable ancient secrets of herbs and the land. We share timeless beauty treatments given to us by honored wise elders, and pass them on to you in our simple blends, potions and recipes!!!

Enjoy!!!!!

Inquire about our classes and Spa Days!

Some of our most popular products! If you don't see what you want please ask!

Lavender Room Spritz— A mixture of lavender essential oil and purified lavender water. Use as a room, linen or body spray. Lavender is calming and soothing. It is also a great antiseptic and disinfectant. Works like a miracle on burns, scraps and bruises! Use for bug bites and clean wounds. Great for smelly feet, bathrooms, nurseries and kitchens!

4-02 Blue w/ fine mist sprayer \$12.00

Bye Bye Bug Repellent— "It really works!!!!" This is what we have been hearing for over 20 years from our customers! It has been all over the world, from Cape Cod to Colorado, Alaska to Tibet! Tested on my children! It's safe for children and pets. A natural blend of citronella, pennyroyal, lavender, mints, rosemary & Vit. E oils

Neroli Body Mist— A sweet lingering parfum. Neroli oil from the bittersweet orange blossom, rose geranium resin and purified lavender water. Neroli is associated with purity and passion, it lightens the heart and brings joy to the spirits!

Enjoy! \$52.00

Meroli Facial Oil— This wins the beauty prize!!! A hand-blended moisturizer that helps cells rejuvenate! A blend of almond, jojoba, Vit. E, aloe, grapeseed, rosehip seed carrier oils soaked in comfry root and leaf with Neroli essential oil. Neroli is used for burn victims in centers all over the world. It is great for scars and wrinkles! Comfrey has an allatoin that helps cell renewal. Put on skin while skin is still moist! The all natural oil blend absorbs luxuriously into your skin, softening and healing. The sweet neroli carries and soothes your soul!

2-oz. colbalt blue glass \$72.00

4-oz clear w/ fine mist sprayer \$12.00

French Sea Salts - Sea Salts and Epsom salts soaked and sifted with lavender blossoms and then we hand whisk drop by drop pure essential lavender oil. Take me to Pari'! Salts soften and detoxify, the lavender oils is disenfecting and antibacterial. Let the aroma calm and soothe!

8-02 cello bag \$15.00

Lavender Paradise— This scrub is paradise!!!!! First the sea salts detoxify and exfoliate skin and then the oils sink in to rejevenate and leave skin silky soft! Our base of almond, jojoba, Vit. E, and Aloe Vera is soaked in comfrey root and leaves with lavender flowers and chamomile, strained through cheesecloth and mixed with Fine Sea Salts from Brittany France. Use as a body scrub or manicure/pedicure miracle! Enjoy!

8-oz Large tub with instruction

\$25.00

Lavender Bath Body & Massage Oil— Our base blend of almond, jojoba, Vit E. and Aloe Vera soaked in comfrey root and leaf with lavender essential oil. Soften skin, ease muscle aches, and breath.....

4-o≈ w/ hang tag

Enjoy! \$20.00

Lavender Essentail Oil— Distilled from superior lavender! Use a drop or two in the bath, or on linens to calm and help induce sleep. Lavender is also antispetic and antibacterial. Wonderful for burns, bruises, cuts and bug bites! Also know to soothe migrane headaches!

Enjoy!

cobalt blue w/ dropper \$17.00

(Other essential oils available upon request; prices may vary)

Calendula Bath & Body Oil— An ancient skin softener and emollient. Soaked in a base oil of Almond, jojoba, vit. E, and Aloe Vera.. Rub oil on skin while moist. Use flowers in bath..

Enjoy! \$20.00

Sourmet Catnip— Make kitty go crazy! Our fresh dried catnip, any cat will love! Tie some tightly in an old sock.! Enjoy!

\$10.00

Comfrey Lavender Salve— Our base oil of almond, jojoba, vit. E, and aloe vera, soaked in comfrey leaf and root and then mixed and melted with shea butter, coca butter, lanolin and beeswax. This is great for dry chapped skin, lips, feet and hands. It is also an ancient healer that works! Comfrey was nick-named "Knit-bone" for it's ability to fuse bones back together.

Enjoy!

2-oz. jar \$24.00

French Lavender Sachets— Fresh dried French lavender in pretty pull string sachet bags. Stick under pillow to help induce sleep. Use in linen drawers, closets and any where you want the lavender scent to linger! Enjoy!

Small sachet \$5.00

Large sachet

Herbal Facial Steam— Lavender, rose buds and petals, chamomile, calendula, elder flower and strawberry leaves. Place 2 tablespoons of herb mixture in a wide bowl. Fill with boiling hot water. Hood towel over head, cover bowl and gently blow on water to create steam.

Enjoy!

Large sachet \$12.00

Herbal Facial Toner— Tones and tightens skin! Use with cotton pad to cleanse and close facial pores. Lavender H2O, #20 Witch Hazel and lavender essential oils.

Enjoy!
4 oz - \$12.00

<u>Grapefruit Mani-Pedi Scrub-</u> Made with a base oil of Almond, Jojoba, vitamin E and Aloe Vera, with fine sea salts from Brittany France.

2o≆ Jar

Enjoy! \$16.00

Chrystalized Ginger— A great old fashioned candy! Also used from Morning sickness, Motion sickness, indigestion, and nausea.

Enjoy! \$8.00

Lavender Dryer Bags— A bundle of three muslin bags stuffed with superior English lavender. The tightly and toss in dryer. The heat from the dryer will release the essence from the lavender, leaving your linens and towels with the enduring fragrance of an English Lavender Fiield!

Enjoy! \$19.00

#### Farmer & Fishermen's Herbal Muscle/Chronic Pain Turkey Oil-

To relieve muscle aches, bruises, sore necks, stimulate blood circulation, soothe nerves that cause chronic pain and ease stressed joints.

St. Johns wort, Arnica, Comfrey, Juniper Berries, White Willow Bark soaked in Grapeseed, Aloe, Vit E. and Jojoba oils with Ecalyptus, Lavender, Clove, Peppermint and Juniper Essential Oils. Massage affected area in a rolling motion.... Ahhhhh Relief!

Enjoy! 2-0z dropper \$16.00

French Lavender Bunches— Dried French lavender straight from the

drying barn! Enjoy!

Small \$10.00

Large \$ 20.00

When Available!

Lavender Plants- Seasonal, Please inquire!

### Culinary (Only Available Summer Thyme at Markets!)

Easy Herb Dip— We have been serving this dip for over 20 years with rave reviews. You will be getting kndos for serving this to your family and friends! A blend of chives, parsley, rosemary, dill seed, onion and garlic. Mix 2 tablespoons with 4-oz. pacakge of cream cheese and roll into a ball. Also wonderful with pasta, eggs, fish and goat cheese!

4-oz. pacakge with recipe

Enjoy! \$5.00

Lavender Lemonade— A favorite all over the country! Lavender, lemon verbena and hibiscus flowers. Just add to frozen lemonade or use with our old fashioned recipe.

4-oz. package with recipe and muslin bag

Enjoy! \$5.00

French Onion & Chive Dip— Sweet dried onions and fresh dried chives! Mix 4 tablespoons with 8-oz sour cream! MMMMMMMMMM! While the boys munch this down with chips, I use low-fat, high protein sour cream and munch with carrots! 4-oz. package with recipe Enjoy! \$5.00

Mulled Cider — Place 2 tablespoons in muslin bag. Heat slowly in 1/2 gallon apple cider.

Enjoy! \$5.00

#### Teas

Sleepy Thyme Tea— Chamomile, peppermint, lavender, and cloves. Use 1-2 tbs. to 60% hot water. Let steep for 5 minutes, sweeten with honey. Used to help calm and induce sleep, good for babies colic, children and crabby men!

Enjoy!

Green Quince Tea− Sencna green tea, cornflower petals, and mallow flowers with quince flowers and pieces. Use 1-2 tbs. to 60≈ hot water. Let steep! Quince flowers sweeten with a floral perfume of pineapple & vanilla. Quince is high in vit. C. Chinese Mallow from the hibiscus helps lower blood sugar and boosts the immune system.

Enjoy!

4-oz. package with recipe

\$5.00

#### Please e-mail all orders to:

Thymeafterthyme@msn.com

Thank You for Your Business!

